aging care connections
Because Aging Well Matters

Funded in part by: AgeOptions

Congregate Menu
DECEMBER 2026

Lunch is served everyday at 11:30am - 1:30pm

Dine-In ONLY! No walk-ins.
Limited to 50 meals a day.

To reserve a lunch, please call (708) 603-2269
48 hours in advance before 12:00PM and leave a message.
The menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Our Congregate Meals is served at La Bella Events: 5412 LaGrange Rd. Countryside, IL 60525	1 • Chicken enchiladas • Mexcican rice & beans • Adobo potatoes	2 • Italian beef • Pasta with marinara sauce • Sautéed peppers & onions • Coleslaw	3 • Chicken limone • Angel hair pasta with butter and parmesan • Grilled zucchini • Garlic potato wedges	4 ***Pizza Bar***
7 • Pancakes • Scrambled eggs • Hashbrowns • Bacon • Ham	8 • Chicken tinga toastadas • Puerto Rican rice • Charro beans • Mexican zucchini	9 • BBQ Ribs • Green beans • Mashed potatoes • Coleslaw	10 • Chicken marsala • Garlic & oil pasta • Baked potato • Sautéed mushrooms	11 • Garlic shrimp aioli pasta • Grilled asparagus • Sweet potato wedges • Bread
14 • Cheese lasagna • Sautéed spinach • Grilled mushrooms • Garlic bread	15 • Ground beef quesadillas • Cilantro rice • Grilled veggies • Beans	16 • Rolled stuffed eggplant • Spaghetti with marinara sauce • Sautéed spinach • Bread	17 • Chicken and broccoli pasta with alfredo sauce • Roasted mini potatoes • Grilled asparagus • Bread	18 ***Pizza Bar***
21 • Meatloaf • Mashed potatoes with gravy • Corn • Peas	22 • Steak • Puerto Rican rice • Mexican zucchini • Cubed potatoes	23 • Ham • Mashed potato • Corn • Bread	24 Christmas Eve **ACC Closed**	25 Merry Christmas **ACC Closed**
28 ***Pizza Bar***	29 • Fried chicken • Mashed potatoes with gravy • Mac and cheese • Bread	30 • Tamales • Mexican rice • Chips and salsa	31 New Year's Eve **ACC Closed after 12:30pm**	For more information please email awn@agingcareconnections.org