aging care connections
Because Aging Well Matters

Funded in part by: AgeOptions

Congregate Events
DECEMBER 2026

Lunch is served everyday at 11:30am - 1:30pm

To reserve a lunch, please call (708) 603-2269
48 hours in advance before 12:00PM and leave a message.
The menu is subject to change.

Dine-In ONLY! No walk-ins.
Limited to 50 meals a day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Our Congregate Meals is served at La Bella Events: 5412 LaGrange Rd. Countryside, IL 60525	1 ***Bingo*** ***starts at 12:30pm***	2 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	3 ***Help with Your Phone by Courtney*** ***starts at 12:30pm*** ***Candle Craft Activity with Dawn**** ***starts at 12:30pm*** **Limited availability*	4 ***Holiday Party: With live music & fun raffles!*** ***starts at 12:30pm***
7 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	8 ***Bingo with ENO Home Care*** ***starts at 12:30pm***	9 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	10 ***Blood Pressure Screenings by Pleasantview Fire Fighters*** ***starts at 12:00pm***	11 ***Craft Activity with Dorian*** ***starts at 12:30pm*** ***Dance Class with Renee*** ***starts at 12:30pm***
14 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	15 ***Bingo*** ***starts at 12:30pm***	16 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	17	18
21 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	22 ***Bingo*** ***starts at 12:30pm***	23 ***Mindful Movement by OptWell*** ***starts at 12:30pm***	24 Christmas Eve **ACC Closed**	25 Merry Christmas **ACC Closed**
28 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	29 ***Bingo*** ***starts at 12:30pm***	30 ***Arthritis Chair Exercise & Bingo by White Crane*** ***starts at 12:30pm***	31 New Year's Eve ***ACC Closed after 12:30pm.*** ***No lunch today.***	

Milk, bread, coffee, soup, salad, and veggies served daily.
A $5 donation is suggested to support our programs!
Other options available daily.
Find this calendar online at:
www.agingcareconnections.org/basic-needs/