aging care connections
Because Aging Well Matters

Funded in part by: AgeOptions

Congregate Menu
NOVEMBER 2026

Lunch is served everyday at 11:30am - 1:30pm

To reserve a lunch, please call (708) 603-2269
48 hours in advance before 12:00PM and leave a message.
The menu is subject to change.

Dine-In ONLY! No walk-ins.
Limited to 50 meals a day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ***Pizza Bar***	3 • Steak • Puerto Rican rice • Mexican zucchini • Cubed potatoes	4 • Cheese lasagna • Sautéed spinach • Grilled mushrooms • Garlic bread	5 • Fried chicken • Mac & cheese • Mashed potatoes with gravy • Green beans	6 • Breaded fish • Cilantro rice • Roasted cauliflower • Broccoli • Bread
9 • Cheeseburger • French fries • Garlic butter green beans • Coleslaw	10 • Combo fajitas • Mexican rice • Charro beans • Grilled veggies	11 VETERANS DAY **ACC Closed**	12 • Chicken parmesan • Alfredo pasta with broccoli • Grilled zucchini • Garlic bread	13 • Garlic shrimp aioli pasta • Grilled asparagus • Sweet potato wedges • Bread
16 • Italian sausage sub sandwich • Pasta marinara • Sautéed peppers & onions • French fries	17 • Steak tacos • Mexican rice • Charro beans • Grilled veggies	18 • Chicken tinga toastada • Puerto Rican rice • Corn • Grilled zucchini	19 • Rolled stuffed eggplant • Spaghetti marinara • Sautéed spinach • Garlic bread	20 • Shrimp quesadilla • Garlic & oil angel hair pasta • Roasted squash and zucchini • Green beans
23 • Pancakes • Scrambled eggs and ham • Hashbrowns • Bacon	24 • Tamales • Mexican rice • Chips and salsa	25 • Roasted turkey • Mashed potatoes with gravy • Grilled asparagus • Garlic bread	26 *Happy Thanksgiving* **ACC Closed**	27 **ACC Closed**
30 • Meatloaf • Mashed potatoes with gravy • Corn • Peas				

Our Congregate Meals is served at La Bella Events:
5412 LaGrange Rd.
Countryside, IL 60525

Milk, bread, coffee, soup, salad, and veggies served daily.
A $5 donation is suggested to support our programs!
Other options available daily.
Find this calendar online at: https://www.agingcareconnections.org/basic-needs/