



Congregate Activities OCTOBER 2026

Lunch is served everyday at 11:30am - 1:30pm

To reserve a lunch, please call (708) 603-2269
48 hours in advance before 12:00PM and leave a message.
The menu is subject to change.

Dine-In ONLY! No walk-ins.
Limited to 50 meals a day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Our Congregate Meals is served at La Bella Events:</u> 5412 LaGrange Rd. Countryside, IL 60525 Milk, bread, coffee, soup, salad, and veggies served daily. A \$5 donation is suggested to support our programs! Other options available daily.			1	2
5	6 Bingo starts at 12:00pm	7	8 Blood Pressure Screenings by Pleasantview Fire Fighters starts at 12:00pm	9 Craft Activity with Dorian starts at 12:00pm
12 ACC Closed	13 Bingo by ENO Home Care starts at 12:00pm	14	15	16 Medicare & Open Enrollment Presentation by ACC starts at 12:00pm
19	20 Bingo starts at 12:00pm	21	22 Self-Defense & Safety Class *Must register 12:30pm - 2:00pm	23
26	27 Bingo starts at 12:00pm	28 Mindful Movement starts at 12:30pm	29	30 ACC Annual Health Fair 11:00am - 3:00pm