

# Congregate Activities

## SEPTEMBER 2026

**Lunch is served everyday at 11:30am - 1:30pm**

To reserve a lunch, please call (708) 603-2269

**48 hours in advance** before 12:00PM and leave a message.

The menu is subject to change.

**Dine-In ONLY! No walk-ins.**

**Limited to 50 meals a day.**

Our Congregate Meals is served at La Bella Events:

5412 LaGrange Rd.

Countryside, IL 60525

| MONDAY                                                                              | TUESDAY                                                      | WEDNESDAY                                                                                      | THURSDAY                                                                                                                                                                                  | FRIDAY                                                            |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
|                                                                                     | 1<br><i>Bingo<br/>starts at 12:30pm</i>                      | 2<br><i>Presentation on<br/>Scams<br/>by the Cook County<br/>Sheriff<br/>starts at 12:00pm</i> | 3                                                                                                                                                                                         | 4                                                                 |
| 7<br><b>LABOR DAY</b><br>★ ★<br><b>ACC Closed</b>                                   | 8<br><i>Bingo<br/>by ENO Home Care<br/>starts at 12:30pm</i> | 9                                                                                              | 10<br><i>Blood Pressure Screenings<br/>by Pleasantview Fire Fighters<br/>&amp;<br/>Fall Presentation<br/>by Home Instead<br/>starts at 12:00pm</i>                                        | 11<br><i>Craft Activity<br/>with Dorian<br/>starts at 12:00pm</i> |
| 14                                                                                  | 15<br><i>Bingo<br/>starts at 12:30pm</i>                     | 16                                                                                             | 17                                                                                                                                                                                        | 18                                                                |
| 21<br><i>Presentation on<br/>Caregiver Program<br/>by ACC<br/>starts at 12:00pm</i> | 22<br><i>Bingo<br/>starts at 12:30pm</i>                     | 23<br><i>Mindful Movement<br/>starts at 12:15pm</i>                                            | 24<br><i>Cantata<br/>Presentation:<br/>Services &amp; Safety<br/>starts at 12:00pm</i>                                                                                                    | 25                                                                |
| 28                                                                                  | 29<br><i>Bingo<br/>starts at 12:30pm</i>                     | 30                                                                                             | <p><b>Milk, bread, coffee, soup, salad, and veggies served daily.</b></p> <p><b>A \$5 donation is suggested to support our programs!</b></p> <p><b>Other options available daily.</b></p> |                                                                   |