

Congregate Activity Calendar

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <i>Chair Yoga</i> starts at 12:30pm	3 <i>Bingo</i> starts at 12:30pm	4	5 <i>Crocheting with Carol</i> starts at 12:30pm \$5 to participate	6 <i>Family Memories</i> <i>Presentation</i> starts at 12:30pm
9 <i>Chair Yoga</i> starts at 12:30pm	10 <i>Bingo</i> starts at 12:30pm	11 <i>Alivio Food Label</i> <i>Presentation</i> starts at 12:00pm	12 <i>ICash: See What May Be Owed to You & Blood Pressure Screening by Pleasant View Fire Department</i> starts at 11:30pm <i>Crocheting with Carol</i> starts at 12:30pm \$5 to participate	13 <i>Valentine's Day</i> <i>Party!</i> <i>Crafts with Dorian & Live Music by Fran Rinaldo</i> starts at 11:30pm
16  <i>ACC Closed</i>	17 <i>Bingo</i> starts at 12:30pm	18	19 <i>Crocheting with Carol</i> starts at 12:30pm \$5 to participate	20
23 <i>Chair Yoga</i> starts at 12:30pm	24 <i>Bingo</i> starts at 12:30pm	25 <i>Mindful Movement</i> <i>by Optwell</i> starts at 12:30pm	26 <i>Nutrition Presentation</i> <i>by Humana</i> starts at 12:00pm <i>Crocheting with Carol</i> starts at 12:30pm \$5 to participate	27 <i>Library Enrollment</i> <i>Presentation</i> <i>by Haley Reyes</i> starts at 12:30pm

Lunch is served everyday at 11:30AM

Milk, bread, coffee, soup, salad, and veggies served daily.
A \$3 donation is suggested to support our programs!
Other options available daily.

To reserve a lunch, please call (708) 603-2269 48 hours in advance before 12:00PM and leave a message. The menu is subject to change.

Dine-In ONLY!

Our Congregate Meals is served at La Bella Events:
5412 LaGrange Rd.
Countryside, IL 60525