

Congregate Activity Calendar

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chair Yoga starts at 12:30pm	3 Bingo starts at 12:30pm	4	5 Crocheting with Carol starts at 12:30pm \$5 to participate	6 Family Memories Presentation starts at 12:30pm
9 Chair Yoga starts at 12:30pm	10 Bingo starts at 12:30pm	11 Alivio Food Label Presentation starts at 12:00pm	12 <i>ICash: See What May Be Owed to You</i> & <i>Blood Pressure Screening by Pleasant View Fire Department</i> starts at 11:30pm Crocheting with Carol starts at 12:30pm \$5 to participate	13 Valentine's Day Party! Crafts with Dorian & Live Music by Fran Rinaldo starts at 11:30pm
16  ACC Closed	17 Bingo starts at 12:30pm	18	19 Crocheting with Carol starts at 12:30pm \$5 to participate	20
23 Chair Yoga starts at 12:30pm	24 Bingo starts at 12:30pm	25 Mindful Movement by Optwell starts at 12:30pm	26 Nutrition Presentation by Humana starts at 12:00pm Crocheting with Carol starts at 12:30pm \$5 to participate	27 Library Enrollment Presentation by Haley Reyes starts at 12:30pm

Lunch is served everyday at 11:30AM

Milk, bread, coffee, soup, salad, and veggies served daily.
A \$3 donation is suggested to support our programs!
Other options available daily.

To reserve a lunch, please call **(708) 603-2269** 48 hours in advance before 12:00PM and leave a message. The menu is subject to change.

Dine-In ONLY!

Our Congregate Meals is served at La Bella Events:
5412 LaGrange Rd.
CountrySide, IL 60525