

Congregate Activity Calendar

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch is served everyday at 11:30AM</p> <p>To reserve a lunch, please call (708) 603-2269 48 hours in advance before 12:00PM and leave a message. The menu is subject to change.</p> <p>Dine-In ONLY!</p> <p>Milk, bread, coffee, soup, salad, and veggies served daily.</p> <p>A \$3 donation is suggested to support our programs!</p> <p>Other options available daily.</p> <p>Our Congregate Meals is served at La Bella Events: 5412 LaGrange Rd. Countryside, IL 60525</p>			<p>HAPPY NEW YEAR</p> <p>1</p> <p>ACC CLOSED</p>	<p>2</p>
<p>5</p> <p>Bingocize (Bingo + Exercise) starts at 12:30pm</p>	<p>6</p> <p>Bingo starts at 12:30pm</p>	<p>7</p> <p>Diabetes Presentation by Alivio Medical Center starts at 11:30am</p>	<p>8</p> <p>Crocheting with Carol starts at 12:30pm \$5 to participate</p>	<p>9</p> <p>Crafts with Dorian starts at 11:30am</p>
<p>12</p> <p>Chair Yoga starts at 12:30pm</p>	<p>13</p> <p>Bingo starts at 12:30pm</p>	<p>14</p> <p>Presentation by Neptune Society starts at 12:00pm</p>	<p>15</p> <p>Presentation: Community Assisted Rides starts at 12:30pm</p> <p>Crocheting with Carol starts at 12:30pm \$5 to participate</p>	<p>16</p>
<p>19</p> <p> ACC CLOSED</p>	<p>20</p> <p>Bingo starts at 12:30pm</p>	<p>21</p> <p>Salsa Dancing With Renee starts at 12:30pm</p>	<p>22</p> <p>Help With Your Electronics starts at 11:30am</p> <p>Crocheting with Carol starts at 12:30pm \$5 to participate</p>	<p>23</p>
<p>26</p> <p>Chair Yoga starts at 12:30pm</p>	<p>27</p> <p>Bingo starts at 12:30pm</p>	<p>28</p> <p>Mindful Movement by OptWell starts at 12:30pm</p>	<p>29</p> <p>Crocheting with Carol starts at 12:30pm \$5 to participate</p>	<p>30</p>