



The Memory Café

What is the Memory Café?

A Memory Café is a welcoming space for individuals with memory loss, mild cognitive impairment, early Alzheimer's, or dementia, along with their family and caregivers.

The Memory Café is a fun activity for you and your loved one to enjoy together! It is not a Respite care for loved ones to be dropped off. *Join us for reminiscing, crafts, chair yoga, exercise, art, music, and more!*

Registration is encouraged, but walk-ins are welcome.

Dates, Times, and Locations:

1st Friday of every month at
10:30AM-11:30AM at

Central Baptist Village
4747 N Canfield Ave, Norridge, IL 60706

3rd Friday of every month at
1:30PM-2:30PM at

Aging Care Connections
111 W Harris Ave, La Grange, IL 60525

COST

Free

Questions?

For ACC location, contact:
Eve Moreno
at
(708)-603-1323 x242

For CBV location, contact:
Katarina Aleksic
at
(708)-603-1323 x375

Some benefits of attending a Memory Cafe include reduced stress, decreased social isolation, peer support from other caregivers, information provision, and support from staff.

Funded in part by: **AGEOPTIONS.**

Anti Discrimination Statement

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.

Aging Care Connections
111 W. Harris Ave., La Grange, Illinois 60525 | Tel: 708-354-1323
W: AgingCareConnections.org | E: info@agingcareconnections.org