

What is Options Counseling?

Options Counseling is a decision-support process that assists individuals in making informed long-term support choices based on their preferences, strengths, and values.

What are the key elements?

Assistance includes personal interviews, option identification, decision facilitation, action plan development, and service link provision upon request.



Options Counseling Staff are certified by AgeOptions to deliver options counseling services. This is a free service. However, donations are always welcomed and appreciated.



Who is eligible?

- Individuals planning for long-term support, regardless of wealth.
- All persons 60 years of age or older, those 18-59 with a disability, and who are a resident of Lyons, Riverside, Proviso, Leyden, or Norwood Park Townships and are seeking information and support services.

Funded in part by: 

Anti-Discrimination Statement

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.

Aging Care Connections
111 W. Harris Ave., La Grange, Illinois 60525 | P: 708-354-1323
W: AgingCareConnections.org | E: info@agingcareconnections.org