

**FOR IMMEDIATE RELEASE**

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**Aging Care Connections Celebrates New Congregate Meals Program Location at  
La Bella Restaurant in Countryside**

***Grand Opening July 23, 2025***

**La Grange, IL – June 25, 2025** – Aging Care Connections is thrilled to announce the new home of its Congregate Meals program at La Bella Restaurant, located at 5412 S La Grange Rd, Countryside, Illinois. The grand opening celebration will take place on **Wednesday, July 23, 2025, from 11:00 AM to 1:30 PM**, featuring a ribbon-cutting ceremony led by Aging Care Connections Executive Director Desiree M. Scully, MA, Countryside Mayor Sean McDermott, and La Bella owner Rosa Elena Botello.

The event will offer a special menu and exciting raffles, welcoming older adults to experience the warmth and community of the Congregate Meals program. This program provides nutritious, balanced meals to adults Age 60 years and over, plus spouse of the 60+ participant if they are, or have been an active participant of the program, regardless of age, and individuals with disabilities who reside with a person over 60 in a non-institutional household. Congregate Meals fosters socialization, health, and independence. And fun! Reservations are required 48 hours in advance by calling **(708) 603-2269**.

“We are excited to partner with La Bella Events to bring our Congregate Meals program to a vibrant new location in Countryside,” said Desiree M. Scully, Executive Director of Aging Care Connections. “This program is more than just a meal, it’s an opportunity for older adults to connect, share, and thrive in their community.”

La Bella owner Rosa Botello said the restaurant is looking forward to partnering with Aging Care Connections to bring this important program to the older adult community. “It’s an honor to serve the people who’ve given so much to our neighborhoods and towns throughout their lives. We’re hoping to see big crowds!”

The Congregate Meals program is proudly funded in part by AgeOptions, the Area Agency on Aging for suburban Cook County, whose generous support helps ensure older adults

can continue to live independently with dignity. These meals are designed to meet federal nutrition standards, providing the balanced nourishment essential for maintaining health, wellness, and cognitive and physical function.

We also extend our sincere thanks to the Village of Countryside for their continued partnership and support of this vital program.

Special recognition goes to Diane Slezak, President and CEO of AgeOptions, and Phillip Lanier, Nutrition Specialist, for their leadership and dedication to improving the lives of older adults in our community.

Qualifying older adults are invited to join the celebration and learn more about the program. For additional details, including the special menu and registration, visit **[agingcareconnections.org](https://agingcareconnections.org)** or contact the Congregate Meal program at **(708) 603-2269**.

#### **About Aging Care Connections**

Aging Care Connections is a nonprofit organization dedicated to enriching the quality of life for older adults and their families in suburban Cook County. Since 1974, it has provided essential services, including congregate dining, home-delivered meals, and caregiver support, to promote independence and well-being. Learn more at **[agingcareconnections.org](https://agingcareconnections.org)**.

#### **About AgeOptions**

AgeOptions is the Area Agency on Aging for suburban Cook County, connecting older adults and caregivers with resources to live fuller lives. Through federal and state funding, AgeOptions supports a network of community-based organizations delivering critical services. Visit **[ageoptions.org](https://ageoptions.org)** for more information.

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