






SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - NOVEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 5	NOVEMBER 6	NOVEMBER 7	NOVEMBER 8	NOVEMBER 9
<p>TO RESERVE A LUNCH CALL 708-603-2269 BEFORE 4 PM ON THE PREVIOUS DAY LEAVE A MESSAGE CALLS WILL NOT BE RETURNED</p>	<p>MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS</p>	<p>HAMBURGER ON A BUN - 3 OZ. W/TOMATO, LETTUCE, & ONION FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>CHICKEN MARSALA- 3 OZ W/MUSHROOMS, PEAS & MOSTACCIOLI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>HOT BEEF SANDWICH - 3 OZ W/ ROASTED GREEN PEPPERS FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 6	NOVEMBER 7	NOVEMBER 8	NOVEMBER 9	NOVEMBER 10
<p>MEATBALL SANDWICH - 3 OZ. W/RED SAUCE & CHEESE FRIES - 1/2 C FRUIT - 1/2C MILK - 8 OZ.</p>	<p>TUNA SALAD - 3 OZ. PASTA SALAD - 1/2 C CRACKERS FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>BAKED POTATO - 3OZ W/SOUR CREAM, BACON,CHEESE BROCCOLI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>CHICKEN ALFREDO - 3 OZ. VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>	<p style="text-align: center;">CLOSED</p> 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 13	NOVEMBER 14	NOVEMBER 15	NOVEMBER 16	NOVEMBER 17
<p>RAVIOLI W/MEAT SAUCE - 1/2 C VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>TURKEY CLUB - 3 OZ. W/ LETTUCE, TOMATO & BACON CHIPS - 1/2C FRUIT - 1/2C MILK - 8 OZ.</p>	<p>CHILI - 8 OZ. W/ CHEESE ONIONS, SOUR CREAM CRACKERS FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>TURKEY W/ GRAVY - 3 OZ MASHED POTATOES - 1/2 C VEGGI - 1/2 C CRANBERRY SAUCE MILK - 8 OZ. BREAD - 4 OZ.</p>	<p>BOW TIE PASTA PRIMAVERA - 1/2 C W/ VEG, GARLIC OIL, SAUCE BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 20	NOVEMBER 21	NOVEMBER 22	NOVEMBER 23	NOVEMBER 24
<p>BLT SANDWICH - 3 OZ. W/MAYO, LETTUCE, TOMATO & BACON MAC & CHEESE - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>EGGPLANT PARMESAN - 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ. EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 27	NOVEMBER 28	NOVEMBER 29	NOVEMBER 30	DECEMBER 1
<p>VEGGIE PIZZA, GR PEPPER, ONION CHEESE, EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>SPAGHETTI - 1/2 C W/MEATBALLS - 3 OZ. BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>CHEESBURGER ON A BUN - 3 OZ W/TOMATO, LETTUCE, & ONION BAKED BEANS - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>CHICKEN PARMESAN - 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>RIGATONI WITH MEAT SAUCE - 1/2C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>

