




## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 2	MAY 3	MAY 4	MAY 5	MAY 6
QUARTER CHICKEN MASH POTATO W/ GRAVY - 1/2 C VEGGIE - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN TENDERS - 3 OZ. MAC AND CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB WITH BACON ON RYE BREAD - 3 OZ. PASTA SALAD - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	PORK ROAST - 3 OZ. MASH POTATO W/ GRAVY - 1/2 C VEGGIE - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	VEGGIE PIZZA WITH CHEESE, GR PEPPER, ONION ONION, & MUSHROOM WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.
MAY 9	MAY 10	MAY 11	MAY 12	MAY 13
PIZZA WITH WITH EXTRA THIN CRUST - 3 OZ. SALAD FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN VESUVIO W/EX SAUCE - 3OZ. VESUVIO POTATOE W/EX SAUCE - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.	JULIAN SALAD - 1 C W/ HAM , TURKEY, CHEESE, TOMATOES - 2 OZ EACH RANCH DRESSING BREAD - 4 OZ. FRUIT ½ CUP MILK - 8 OZ.	BAKED MOSTACCIOLI - 1/2 C WITH ITALIAN SAUSAGE - 3 OZ VEGGIE - 1/2 C BREAD 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	PEPERONI PIZZA WITH WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.
MAY 16	MAY 17	MAY 18	MAY 19	MAY 20
ITALIAN BEEF ON A BUN WITH GREEN PEPPERS - 3 OZ. ROASTED POTATOES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	STUFFED CHICKEN BREAST - 3 OZ. STUFFING W/GRAVY - 1/2 C VEGGIE - ½ CUP FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.	RAVIOLI - 1/2 C W/MEATBALLS - 3OZ. VEGGIE - 1/2 C BREAD- 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	EGGPLANT PARMESAN - 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - ½ CUP MILK - 8 OZ.	HAMBURGER ON A BUN WITH LETTUCE, TOMATO, & ONION - 3 OZ. FRIES - 1/2 C FRUIT - 1/2C MILK - 8 OZ.
MAY 23	MAY 24	MAY 25	MAY 26	MAY 27
SAUSAGE - 3 OZ. MASH POTATO W/ GRAVY - 1/2 C VEGGIE - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	LEMON CHICKEN - 3 OZ. RICE W/GRAVY - 1/2 C VEGGIE - ½ CUP FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.	TUNA SALAD ON A BUN - 3 OZ SERVED WITH LETTUCE , TOMATOE HARD BOILED EGG FRUIT - 1/2C MILK - 8 OZ.	RIGATONI W/MEAT SAUCE - 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	CHEESE PIZZA WITH WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.
MAY 30	MAY 31	JUNE 1	JUNE 2	JUNE 3
	JULIAN SALAD - 1 C W/ HAM , TURKEY, CHEESE, TOMATOES - 2 OZ EACH RANCH DRESSING BREAD - 4 OZ. FRUIT ½ CUP MILK - 8 OZ.			

SALAD W/TOMATO - 1 C w/ each meal.

TO RESERVE CALL 708-603-2269 EXT 269 BEFORE 4pm to order for next days meal.

All & any items maybe subject to chan