



SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2023



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 1		MAY 2		MAY 3		MAY 4		MAY 5	
RAVIOLI W/MEAT SAUCE - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		TUNA SALAD - 3 OZ. PASTA SALAD - 1/2C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		CHEESEBURGER ON A BUN - 3 OZ. WITH LETTUCE, TOMATO & ONION MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		CHICKEN VESUVIO W/EX SAUCE - 3 OZ VESUVIO POTS - 1/2 C W/ EX SAUCE VEGGI - 1/2 C FRUIT - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.		2 TACOS - 3 OZ. RICE - 1/2 C SALAD - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	
									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 8		MAY 9		MAY 10		MAY 11		MAY 12	
HOT BEEF SANDWICH - 3 OZ FRIES - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		SPAGHETTI - 1/2 C W/MEATBALLS - 3 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		LEMON CHICKEN - 3OZ. RICE & GRAVY - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		SAUSAGE PIZZA W/ EX THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 15		MAY 16		MAY 17		MAY 18		MAY 19	
BAKED MOSTACCIOLI WITH MEAT SAUCE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		BEEF SAND SERVED OPEN FACE ON BREAD - 3 OZ MASHED POTATOES & GRAVY - 1/2 C VEGGIE - 1/2 C FRUIT - 1/2 C MILK - 8OZ.		SOUP OF THE DAY - 8 OZ MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		STUFFED CHICKEN BREAST - 3 OZ WITH STUFFING - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		SPAGHETTI ALFREDO - 3OZ. BROCCOLI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 22		MAY 23		MAY 24		MAY 25		MAY 26	
TURKEY CLUB WITH BACON, LETTUCE AND TOMATO - 3 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		EGGPLANT PARMESAN - 3OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		CHICKEN LEG QUARTER - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		VEGGI PIZZA W/ EXTRA THIN CRUST - 3 OZ FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 23		MAY 30		MAY 31		JUNE 1		JUNE 2	
CLOSED 		LASAGNA - 3OZ. BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		BLT SANDWICH (BACON, MAYO, TOMATO, LETTUCE) - 3 OZ MAC & CHEESE - 1/2 C FRUIT - 1/2 C MILK - 8OZ.					

Soup of the day will be served.

TO RESERVE CALL 708-603-2269 EXT 269

All items may be subject to change.