

🍀 SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MARCH 2023 🍀

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| MONDAY FEBRUARY 27 | TUESDAY FEBRUARY 28 | WEDNESDAY MARCH 1 | THURSDAY MARCH 2 | FRIDAY MARCH 3 |
| JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES- 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | LASAGNA - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | SOUP OF THE DAY - 8 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | CHICKEN VESUVIO W/EX SAUCE - 3 OZ VESUVIO POTATOES W/EX SAUCE -1/2C BREAD - 4 OZ. FRUIT CUP - 1/2 C MILK - 8 OZ. | TALAPIA - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. |
| MONDAY MARCH 6 | TUESDAY MARCH 7 | WEDNESDAY MARCH 8 | THURSDAY MARCH 9 | FRIDAY FEBRUARY 10 |
| HOT BEEF SANDWICH - 3 OZ FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ. | RAVIOLI W/MEAT SAUCE - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | CORNEB BEEF - 3 OZ CABBAGE, CARROTS & POTATOES - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | EGGPLANT PARMESAN - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. |
| MONDAY MARCH 13 | TUESDAY MARCH 14 | WEDNESDAY MARCH 15 | THURSDAY MARCH 16 | FRIDAY MARCH 17 |
| SAUSAGE PIZZA - 3 OZ W/ EX THIN CRUST BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | CHILI - 8 OZ W/CHEESE & SOUR CREAM CRACKERS 3 PKG FRUIT - 1/2 C MILK - 8 OZ. | TURKEY CLUB - 3 OZ LETTUCE, TOMATO, BACON BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | LEMON CHICKEN - 3OZ RICE & GRAVY - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | TALAPIA - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. |
| MONDAY MARCH 20 | TUESDAY MARCH 21 | WEDNESDAY MARCH 22 | THURSDAY MARCH 23 | FRIDAY MARCH 24 |
| CHEESEBURGER ON A BUN WITH LETTUCE, TOMATO & ONION - 3 OZ FRIES 1/2 C FRUIT - 1/2 C MILK - 8 OZ. | TURKEY W/BREAD - 3 OZ VEGGIE - 1/2C POTATOES/GRAVY - 1/2 C FRUIT - 1/2C MILK - 8 OZ. | SPAGHETTI - 1/2 C W/MEATBALLS - 3 OZ BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ. | BEEF & SAUSAGE COMBO - 3 OZ FRIES - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | CHEESE PIZZA - 3 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. |
| MONDAY MARCH 27 | TUESDAY MARCH 28 | WEDNESDAY MARCH 29 | THURSDAY MARCH 30 | FRIDAY MARCH 31 |
| BAKED MOSTACCIOLI WITH MEAT SAUCE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | PEPPER & EGG SANDWICH - 3 OZ. FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ. | JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES- 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | CHICKEN LEG QUARTER - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. | TUNA SALAD - 3 OZ PASTA SALAD - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ. |



SOUP OF THE DAY

TO RESERVE CALL 708-603-2269

BEFORE 4pm to order for next days meal.

All & any items maybe subject to change.