





SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - June 2023



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 29		MAY 30		MAY 31		June 1		June 2	
		LASAGNA - 3 OZ. BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		BLT SANDWICH (BACON, MAYO, TOMATO, LETTUCE) - 3 OZ . MAC & CHEESE - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.		CHICKEN BREAST - 3 OZ. BAKED - 1/2 POTATO VEGGI - 1/2 C FRUIT - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.		CHEESEBURGER ON A BUN - 3 OZ. BAKD BEANS - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 5		June 6		June 7		June 8		June 9	
SPAGHETTI - 1/2 C W/MEATBALLS - 3 OZ. BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES- 2 OZ. EA BREAD 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		BEEF SANDWICH - 3 OZ FRIES - 1/2 C CARROTS & CELERY STICKS - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.		CHICKEN VESUVIO W/EX SAUCE - 3 OZ. VESUVIO POTS - 1/2 C W/ EX SAUCE BREAD - 4 OZ. FRUIT CUP - 1/2 C MILK - 8 OZ.		PEPPERONI PIZZA W/ EX THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 12		June 13		June 14		June 15		June 16	
RIGATONI WITH MEAT SAUCE - 1/2 C VEGGIE 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		BLT SANDWICH - 3 OZ . W/ LETTUCE, TOMATO & BACON CARROTS & CELERY STICKS - 1/2 C FRUIT - 1/2C MILK - 8 OZ.		TURKEY -3 OZ. POTATOES - 1/2 C VEGGIE - 1/2 OZ FRUIT - 1/2C MILK - 8 OZ. BREAD- 4 OZ.		LEMON CHICKEN - 3OZ. RICE & GRAVY 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		EGGPLANT PARMESAN - 3 OZ. VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 19		June 20		June 21		June 22		June 23	
CLOSED 		LASAGNA - 3 OZ. VEGGI - 1/2 C FRUIT - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.		TUNA SALAD - 3 OZ. PASTA SALAD - 1/2 C CRACKERS FRUIT - 1/2 C MILK - 8 OZ.		CHICKEN PARMESAN- 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		SAUSAGE SANDWICH W/ MARINARA- 3 OZ. MAC & CHEESE - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 26		June 27		June 28		June 29		June 30	
RAVIOLI W/MEAT SAUCE - 1/2 C VEGGIE 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		CHICKEN TENDERS - 3OZ MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		VEGGIE PIZZA , GR PEPPER, ONION CHEESE, EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.		BEEF SAND SERVED OPEN FACE ON BREAD - 3 OZ. MASHED POTATOES & GRAVY 1/2 C VEGGIE 1/2 C MILK - 8 OZ. FRUIT - 1/2 C	

All lunches include a tossed salad.

TO RESERVE CALL 708-603-2269 EXT 269

All items may be subject to change.