




 **SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - JUNE 2022** 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MAY 30</p> <p>CLOSED - MEMORIAL DAY</p> 	<p>MAY 31</p> <p>JULIAN SALAD - 1 C W/ HAM , TURKEY, CHEESE, TOMATOES - 2 OZ EACH RANCH DRESSING BREAD - 4 OZ. FRUIT ½ CUP MILK - 8 OZ.</p>	<p>JUNE 1</p> <p>CHICKEN TENDERS - 3 OZ. MAC AND CHEESE - 1/2 C CELERY STICKS (RAW) - 1/2 C FRUIT - 1/2C MILK - 8 OZ.</p>	<p>JUNE 2</p> <p>ITALIAN BEEF ON A BUN WITH GREEN PEPPERS - 3 OZ. FRIES - 1/2 C VEGGIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>JUNE 3</p> <p>VEGGIE PIZZA WITH CHEESE, GR PEPPER, ONION & MUSHROOM WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>JUNE 6</p> <p>QUARTER CHICKEN MASH POTATO W/ GRAVY - 1/2 C VEGGIE - 1/2 C BREAD- 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>JUNE 7</p> <p>RAVIOLI - 1/2 C W/MEAT SAUCE - 3OZ. VEGGIE - 1/2 C BREAD- 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>JUNE 8</p> <p>CHICKEN VESUVIO W/EX SAUCE - 3OZ. VESUVIO POTATOE W/EX SAUCE - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.</p>	<p>JUNE 9</p> <p>MEATBALL SANDWICH - 3 OZ WITH CHEESE, GR PEPPER, ONION FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>JUNE 10</p> <p>TURKEY CLUB WITH BACON ON RYE BREAD - 3 OZ. CELERY STICKS (RAW) - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>JUNE 13</p> <p>HAM & CHEESE SANDWICH - 3 OZ. PASTA SALAD - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>JUNE 14</p> <p>BAKED MOSTACCIOLI WITH MEAT SAUCE 1/2 C VEGGIES - 1/2 C BREAD 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>JUNE 15</p> <p>STUFFED CHICKEN BREAST - 3 OZ. STUFFING W/GRAVY - 1/2 C VEGGIE - ½ CUP FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.</p>	<p>JUNE 16</p> <p>CHEESEBURGER ON A BUN WITH LETTUCE, TOMATO, & ONION - 3 OZ. FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>JUNE 17</p> <p>ITALIAN BEEF ON A BUN WITH GREEN PEPPERS - 3 OZ. FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>JUNE 20</p> <p>CLOSED</p> 	<p>JUNE 21</p> <p>RIGATONI W/MEAT SAUCE - 3 OZ. VEGGIES - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>	<p>JUNE 22</p> <p>LEMON CHICKEN - 3 OZ. RICE W/GRAVY - 1/2 C VEGGIE - ½ CUP FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.</p>	<p>JUNE 23</p> <p>TUNA SALAD ON A BUN - 3 OZ SERVED WITH LETTUCE , TOMATOE PASTA SALAD - 1/2 C FRUIT - 1/2C MILK - 8 OZ.</p>	<p>JUNE 24</p> <p>SPAGHETTI - 1/2 C W/MEATBALLS - 3OZ. VEGGIES - 1/2 C BREAD- 4 OZ. FRUIT - 1/2C MILK - 8 OZ.</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>JUNE 27</p> <p>SAUSAGE PIZZA WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.</p>	<p>JUNE 28</p> <p>EGGPLANT PARMESAN - 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - ½ CUP MILK - 8 OZ.</p>	<p>JUNE 29</p> <p>CHICKEN BREAST - 3 OZ. MASH POTATO W/ GRAVY - 1/2 C VEGGIE - ½ CUP FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.</p>	<p>JUNE 30</p> <p>JULIAN SALAD - 1 C W/ HAM , TURKEY, CHEESE, TOMATOES - 2 OZ EACH RANCH DRESSING BREAD - 4 OZ. FRUIT ½ CUP MILK - 8 OZ.</p>	<p>JULY 1</p> 

SALAD W/TOMATO - 1 C w/ each meal.

TO RESERVE CALL 708-603-2269 EXT 269 BEFORE 4pm to order for next days meal.

All & any items maybe subject to chan