



SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - June 2021



Monday		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 31		JUNE 1		JUNE 2		JUNE 3		JUNE 4	
LASAGNA W/MEAT - 3 OZ. SPINACH - 1/2C CREAM OF BROCCOLI SOUP - 3/4C SALAD W/TOMATOES - 1C GARLIC BREAD - 4 OZ. ORANGE JUICE - 3/4C MILK - 8 OZ.		MEATLOAF - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C GREEN PEAS - 1/2C SALAD W/TOMATOES - 1C SPLIT PEA SOUP - 3/4C FRENCH BREAD - 2SLS. MILK - 8 OZ.		CHICKEN LEG QUARTER - 3 OZ. STUFFING W/GRAVY - 1/2C BAKED POTATO - 4 OZ. GR BEANS - 1/2C CREAM OF SPINACH SOUP W/ROMANO CHEESE - 3/4C GARLIC BREAD - 4 OZ. CRANBERRY SAUCE - 1/2C MILK - 8 OZ.		LEMON CHICKEN 3 OZ. MASHED POTATOES W GRAVY ½ CUP SALAD WITH TOMATOES 1 CUP FRUIT ½ CUP GARLIC BREAD 4 OZ. MILK 8 OZ.		VEGGIE PIZZA WITH EXTRA THIN CRUST 3 OZ. SALAD WITH TOMATOES 1 CUP FRUIT ½ CUP MILK 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
JUNE 7		JUNE 8		JUNE 9		JUNE 10		JUNE 11	
SALISBURY STEAK WITH MUSHROOM GRAVY 3 OZ. BAKED POTATO 4 OZ. SPINACH ½ CUP FRENCH BREAD 2 SLICES FRUIT ½ CUP MILK 8 OZ.		CHICKEN LEG QUARTER 3 OZ. MAC AND CHEESE ½ CUP GREEN BEANS ½ CUP SALAD WITH TOMATOES 1 CUP GARLIC BREAD 4 OZ. CRANBERRY SAUCE ½ CUP MILK 8 OZ.		HAMBURGER ON A BUN WITH LETTUCE, TOMATO, AND ONION 3 OZ. COLE SLAW ½ CUP BAKED BEANS ½ CUP FRUIT ½ CUP MILK 8 OZ.		HAM 3 OZ. MASHED SWEET POTATOES ½ CUP GREEN BEANS ½ CUP REY BREAD 2 SLICES FRUIT ½ CUP MILK 8 OZ.		JULIAN SALAD WITH RANCH DRESSING 1 CUP FRENCH BREAD 2 SLICES SPLIT PEA SOUP ¾ CUP FRUIT ½ CUP MILK 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
JUNE 14		JUNE 15		JUNE 16		JUNE 17		JUNE 18	
BREADED PORK TENDERLOIN 3 OZ. MASHED POTATOES WITH GRAVY ½ CUP BROCCOLI ½ CUP SALAD WITH TOMATO 1 CUP GARLIC BREAD 4 OZ. FRUIT ½ CUP MILK 8 OZ.		SPAGHETTI AND MEATBALLS 3 OZ. ZUCCHINI WITH RED SAUCE ½ CUP SALAD WITH TOMATO 1 CUP GARLIC BREAD 4 OZ. FRUIT ½ CUP MILK 8 OZ.		TURKEY CLUB WITH BACON ON RYE BREAD 3 OZ. COLE SLAW ½ CUP POTATO SALAD ½ CUP FRUIT ½ CUP MILK 8 OZ.		SLOPPY JOE ON A BUN 3 OZ. COLE SLAW ½ CUP BAKED BEANS ½ CUP FRUIT ½ CUP MILK 8 OZ.		SLICED TURKEY WITH GRAVY 3 OZ. BUTTERED NOODLE WITH GRAVY ½ CUP GREEN BEANS ½ CUP GARLIC BREAD 4 OZ. FRUIT ½ CUP MILK 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
JUNE 21		JUNE 22		JUNE 23		JUNE 24		JUNE 25	
ITALIAN BEEF ON A BUN WITH GREEN PEPPERS 3 OZ. ROASTED POTATO ½ CUP MINESTRONE SOUP ¾ CUP FRUIT ½ CUP MILK 8 OZ.		2 BEEF TACOS ON WHOLE WH TORTILLAS SOUR CR, CHEESE, LETTUCE, TOMATO, ONION, & SALSA 3 OZ. REFRIED BEANS ½ CUP SPANISH RICE ½ VEGETABLE SOUP ¾ CUP FRUIT ½ CUP MILK 8 OZ.		CHICKEN VESUVIO WITH EXTRA SAUCE 3 VESUVIO POTATO WITH EXTRA SAUCE ½ GREEN BEANS ½ CUP SALAD WITH TOMATO 1 CUP GARLIC BREAD 4 OZ. FRUIT ½ CUP MILK 8 OZ.		EGGPLANT PARMESAN 4 OZ. SPINACH ½ CUP SALAD WITH TOMATO 1 CUP GARLIC BREAD 2 SLICES COTTAGE CHEESE AND PEACHES ½ CUP MILK 8 OZ.		MEATLOAF WITH GRAVY 3 OZ. SCALLOPS POTATO ½ CUP CAULIFLOWER ½ CUP FRENCH BREAD 2 SLICES FRUIT ½ CUP MILK 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
JUNE 28		JUNE 29		JUNE 30		JULY 1		JULY 2	
BAKED MOSTACCIOLI WITH ITALIAN SAUSAGE ½ CUP/3OZ MIXED VEGETABLES ½ CUP SALAD WITH TOMATO 1 CUP GARLIC BREAD 4 OZ. FRUIT ½ CUP MILK 8OZ		STUFFED CHICKEN BREAST 3 OZ. STUFFING WITH GRAVY 2/3 CUP CRANBERRY SAUCE ½ CUP CORN ½ CUP CREAM OF MUSHROOM SOUP ¾ CUP MILK 8 OZ.		PULLED PORK ON A BUN 3 OZ. POTATO SALAD ½ CUP BAKED BEANS ½ CUP SALAD WITH TOMATO 1 CUP FRUIT ½ CUP MILK 8 OZ.		SUBMARINE SANDWICH ON A HARD ROLL 3 OZ. NAVY BEAN SOUP WITH PORK ¾ CUP SALAD WITH TOMATO 1 CUP FRUIT ½ CUP MILK 8 OZ.		PIZZA WITH EVERYTHING (CHEESE, SAUSAGE, GR PEPPER, ONION, & MUSHROOM) WITH EXTRA THIN CRUST 2 OZ. EACH SALAD WITH TOMATO 1 CUP CREAM OF SPINACH SOUP ¾ CUP FRUIT ½ CUP MILK 8 OZ.	

TO RESERVE CALL 708-354-0099