



## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - JULY 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 28	JUNE 29	JUNE 30	JULY 1	JULY 2
BAKED MOSTACCIOLI WITH ITALIAN SAUSAGE ½ CUP/3OZ MIXED VEGETABLES ½ CUP SALAD WITH TOMATO 1 CUP GARLIC BREAD 4 OZ. FRUIT ½ CUP MILK 8 OZ.	STUFFED CHICKEN BREAST 3 OZ. STUFFING WITH GRAVY 2/3 CUP CRANBERRY SAUCE ½ CUP CORN ½ CUP CREAM OF MUSHROOM SOUP ¾ CUP MILK 8 OZ.	PULLED PORK ON A BUN 3 OZ. POTATO SALAD ½ CUP BAKED BEANS ½ CUP SALAD WITH TOMATO 1 CUP FRUIT ½ CUP MILK 8 OZ.	PIZZA W/CHEESE, SAUSAGE, MUSHROOMS, GREEN PEPPER, ONION, W/EXTRA THIN CRUST - 3 OZ. NAVY BEAN SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	SPAGHETTI - 1/2C MEAT BALLS (3) - 3 OZ. SALAD W/TOMATOES - 1C SPINACH - 1/2C GARLIC BREAD - 4 OZ. CREAM OF CHICKEN SOUP - 3/4C CRANBERRY JUICE - 3/4C MILK - 8OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 5	JULY 6	JULY 7	JULY 8	JULY 9
JULIENNE SALAD - 1C SPLIT PEA SOUP W/HAM - 3/4C FRENCH BREAD - 2 SLS. COTTAGE CHEESE W/PINEAPPLE - 1/2C MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C SPINACH - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG ON A BUN ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN LEG QUARTER - 3 OZ. BK POTATO - 4 OZ. CR OF CHICK SOUP - ZUCHINNI W/A SPRINKLE OF PARMESAN CHEESE - 1/2C GARLIC BR - 4 OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB ON WHOLE WHEAT BREAD CREAM OF POTATO SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 12	JULY 13	JULY 14	JULY 15	JULY 16
ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL - 3OZ. BAKED BEANS - 1/2C COLE SLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ. MOSTICIOLLI - 1/2C MIXED VEGGS W/LIMA BEANS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG ON A BUN ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	PIZZA W/CHEESE, SAUSAGE, MUSHROOMS, GREEN PEPPER, ONION, W/EXTRA THIN CRUST - 3 OZ. NAVY BEAN SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	SPAGHETTI - 1/2C MEAT BALLS (3) - 3 OZ. SALAD W/TOMATOES - 1C SPINACH - 1/2C GARLIC BREAD - 4 OZ. CREAM OF CHICKEN SOUP - 3/4C CRANBERRY JUICE - 3/4C MILK - 8OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 19	JULY 20	JULY 21	JULY 22	JULY 23
JULIENNE SALAD - 1C SPLIT PEA SOUP W/HAM - 3/4C FRENCH BREAD - 2 SLS. COTTAGE CHEESE W/PINEAPPLE - 1/2C MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C SPINACH - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG ON A BUN ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN LEG QUARTER - 3 OZ. BK POTATO - 4 OZ. CR OF CHICK SOUP - ZUCHINNI W/A SPRINKLE OF PARMESAN CHEESE - 1/2C GARLIC BR - 4 OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB ON WHOLE WHEAT BREAD CREAM OF POTATO SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 26	JULY 27	JULY 28	JULY 29	JULY 30
ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL OR PULLED PORK ON A BUN - 3OZ. BAKED BEANS - 1/2C COLE SLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ. MOSTICIOLLI - 1/2C MIXED VEGGS W/LIMA BEANS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG ON A BUN ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL - 3OZ. BAKED BEANS - 1/2C COLE SLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ. MOSTICIOLLI - 1/2C MIXED VEGGS W/LIMA BEANS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.

TO RESERVE CALL 708-354-0099