


♥ SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - FEBRUARY 2024 ♥

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 29	JANUARY 30	JANUARY 31	FEBRUARY 1	FEBRUARY 2
SPAGHETTI W/ MEAT SAUCE - 1/2 C VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ. EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN MARSALA - 3 OZ W/MUSHROOMS, ONIONS & MOSTACCIOLI - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	HOT BEEF SANDWICH - 3 OZ W/ ROASTED GREEN PEPPERS FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 5	FEBRUARY 6	FEBRUARY 7	FEBRUARY 8	FEBRUARY 9
MEATBALL SANDWICH - 3 OZ. W/RED SAUCE & CHEESE FRIES - 1/2 C FRUIT - 1/2C MILK - 8 OZ.	CHILI WITH ONIONS, CHEESE & SOUR CREAM - 8 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	PEPPERONI PIZZA W/ EX THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN ALFREDO - 3 OZ. VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	HAMBURGER ON A BUN - 3 OZ W/TOMATO, LETTUCE, & ONION FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 12	FEBRUARY 13	FEBRUARY 14	FEBRUARY 15	FEBRUARY 16
RAVIOLI W/MEAT SAUCE - 1/2 C VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB - 3 OZ. W/ LETTUCE, TOMATO & BACON CHIPS - 1/2C FRUIT - 1/2C MILK - 8 OZ.	BOW TIE PASTA PRIMAVERA - 1/2 C W/ VEG, GARLIC OIL, SAUCE BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	LEMON CHICKEN - 3OZ RICE & GRAVY - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	TUNA SALAD - 3 OZ. PASTA SALAD - 1/2 C CRACKERS FRUIT - 1/2 C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 19	FEBRUARY 20	FEBRUARY 21	FEBRUARY 22	FEBRUARY 23
HAPPY PRESIDENT'S DAY CLOSED 	EGGPLANT PARMESAN - 3 OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	CHOPPED SALAD W/CHICKEN, CHEESE, TOMATOES - 2 OZ. EA BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN TENDERS - 3 OZ MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	WHITE FISH - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	<p align="center">MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS</p> <p align="center"><b>TO RESERVE A LUNCH CALL 708-603-2269</b></p> <p align="center"><b>BEFORE 4 PM ON THE PREVIOUS DAY LEAVE A MESSAGE</b></p> <p align="center"><b>CALLS WILL NOT BE RETURNED</b></p>
FEBRUARY 26	FEBRUARY 27	FEBRUARY 28	FEBRUARY 29	
VEGGIE PIZZA, GR PEPPER, ONION CHEESE, EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	SPAGHETTI & MEAT BALLS - 1/2 C VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	CHEESBURGER ON A BUN - 3 OZ W/TOMATO, LETTUCE, & ONION FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	

