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NEWS RELEASE

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SUPPORT AVAILABLE FOR EARLY MEMORY LOSS CONCERNS

LA GRANGE, ILLINOIS—Aging Care Connections, La Grange, will offer an Early Stage Memory Loss Seminar in eight weekly sessions for individuals dealing with early stage memory disorders and their family members and friends at the Gottlieb Memorial Hospital Professional Building, Rooms E and F, 701 W North Ave, Melrose Park. The series which begins Wednesday, March 5, meets from 2 pm to 3:30 pm and is offered in affiliation with the Alzheimer's Association. The last session will be held Wednesday, April 23.

Group sessions will offer participants the opportunity to explore what memory loss means to them and to learn ways to: cope with changes, maximize strengths, enhance communication, and plan for the future. Participants will meet in two separate groups--those experiencing memory loss in one group, and family members or friends in another. The groups provide education, emotional support, and social interaction in a safe and supportive environment. Individuals will have the opportunity to give and receive support from those in similar situations.

(more)

The program is free of charge, however, an interview is part of the registration process. For any questions or to register, please contact Ruth Folkening at 708-354-1323, ext. 228.

Aging Care Connections is a non-profit organization which is the connection to the most comprehensive, expert information, programs and services enabling older adults to remain independent and their families to make the best, most informed decisions regarding needed care in their lives. Serving communities in Leyden, Lyons, Norwood Park, Proviso and Riverside Townships, Aging Care Connections' programs and services are made possible by community support and donations, and, in part, by the Illinois Department on Aging (IDOA), AgeOptions, Community Memorial Foundation and local United Ways. To learn more, visit www.agingcareconnections.org.