




SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 3	MAY 4	MAY 5	MAY 6	MAY 7
CHICKEN SALERNO W/MUSH, ONIONS, GR PEPPERS, POTATOES, SAUSAGE, CHICKEN & EX SAUCE - 3 OZ BROCCOLI - 1/2C FRUIT COCKTAIL - 1/2C SALAD W/TOMATOES - 1C FRENCH BR - 2SLS. MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2SLS. ORANGE JUICE - 3/4C MILK - 8 OZ.	BREADED PORK TENDERLOIN - 3OZ. MASHED POTATOES W/GRAVY - 1/2C SALAD W/TOMATOES - 1C CREAM OF CELERY SOUP - 3/4C SAUERKRAUT - 1/2C FRENCH BR - 2SLS. APPLESAUCE - 1/2C MILK - 8OZ.	CHICK FRANCHASE W/EX SAUCE - 3 OZ. BROWN RICE - 1/2C ZUCHINNI - 1/2C CREAM OF MUSHROOM SOUP - 3/4C PINEAPPLE W/COTTAGE CHEESE - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 4OZ. MILK - 8 OZ.	SALISBURY STEAK W/MUSH & ONIONS - 3OZ. BUTTERED NOODLES W/GRAVY - 1/2C PEAS - 1/2C FRENCH BREAD - 2SLS. SALAD W/TOMATOES - 1C TOMATO ROSA MARINA SOUP - 3/4C APPLE JUICE - 3/4C MILK - 8 OZ.
MAY 10	MAY 11	MAY 12	MAY 13	MAY 14
JULIENNE SALAD W/HAM, TURKEY, TOMATOES, CHEESE - 1C CREAM OF POTATO SOUP - 3/4C FRENCH BREAD - 2SLS. PEACHES - 1/2C MILK - 8 OZ.	EXTRA THIN CRUST CHEESE PIZZA OR PIZZA W/SAUSAGE, GR PEPPERS, ONIONS, MUSH -SALAD W/TOMATOES - 1C CREAM OF BROCCOLI SOUP - 3/4C ORANGE JUICE - 3/4C MILK - 8 OZ.	SWEET & SOUR CHICKEN - 3OZ. BROWN RICE - 1/2C FRENCH BR - 2SLS. CAULIFLOWER - 1/2C SALAD W/TOMATOES - 1C BEEF NOODLE SOUP - 3/4C CRANBERRY JUICE - 3/4C MILK - 8 OZ.	HAMBURGER - 4 OZ POTATO SALAD - 1/2 C COLE SLAW - 1/2C CHILI - 3/4C PICKLE ORANGE JUICE - 3/4C MILK - 8 OZ.	HOT CORNED BEEF - 3 OZ. CABBAGE - 1/2C CARROTS - 1/2C BUTTERED BOILED POTATOES - 1/2C PEACHES/COTTAGE CHEESE - 1/2C RYE BREAD - 2SLS. MILK - 8 OZ.
MAY 17	MAY 18	MAY 19	MAY 20	MAY 21
ITALIAN BEEF W/ GR PEPPERS, EX JUICE, ON A HARD ROLL - 3OZ. PASTA SALAD - 1/2C BAKED BEANS - 1/2C TORTELLINI SOUP - 3/4C FRUIT COCKTAIL - 1/2C MILK - 8 OZ.	SCRAMBLED EGGS W/ GREEN PEPPERS - 3OZ. SAUSAGE LINKS - 3OZ. ROASTED POTATOES - 1/2C WHEAT BREAD - 2SLS. ORANGE JUICE - 3/4C MILK - 8 OZ.	MEAT BALLS (3) - 3 OZ. SPAGHETTI - 1/2C SALAD W/TOMATOES - 1C SPINACH - 1/2C GARLIC BREAD - 4 OZ. CREAM OF CHICKEN SOUP - 3/4C CRANBERRY JUICE - 3/4C MILK - 8 OZ.	HOT TURKEY - 3OZ. GR BEANS - 1/2C MASHED SWEET POTS 1/2C - STUFFING W/GRAVY 1/2C SALAD W/TOMATOES - 1C NAVY BEAN SOUP W/PORK - 3/4C CRANBERRY SAUCE - 1/2C FRENCH BR - 2 SLS. MILK - 8 OZ.	CHICKEN VESUVIO W/EX SAUCE - 3OZ. VESUVIO POTATOES W/EX SAUCE - 1/2C BROCCOLI - 1/2C GARLIC BR - 4 OZ. SALAD W/TOMATOES - 1C GRAHAM CRACKERS - 2 ORANGE JUICE - 3/4C MILK - 8 OZ.
MAY 24	MAY 25	MAY 26	MAY 27	MAY 28
CHICKEN PARMESAN - 2OZ. MOSTICIOILLI - 1/2C MIXED VEGGIES - 1/2C SALAD W/TOMATOES - 1C CR OF SPINACH SOUP W/ROMANO CHEESE - 3/4C GARLIC BR - 4OZ. PINEAPPLE - 1/2C MILK - 8 OZ. MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2SLS. ORANGE JUICE - 3/4C MILK - 8 OZ.	LASAGNA W/MEAT - 3 OZ. SPINACH - 1/2C CREAM OF BROCCOLI SOUP - 3/4C SALAD W/TOMATOES - 1C GARLIC BREAD - 4 OZ. ORANGE JUICE - 3/4C MILK - 8 OZ.	MEATLOAF - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C GREEN PEAS - 1/2C SALAD W/TOMATOES - 1C SPLIT PEA SOUP - 3/4C FRENCH BREAD - 2SLS. MILK - 8 OZ.	CHICKEN LEG QUARTER - 3 OZ. STUFFING W/GRAVY - 1/2C BAKED POTATO - 4 OZ. GR BEANS - 1/2C CREAM OF SPINACH SOUP W/ROMANO CHEESE - 3/4C GARLIC BREAD - 4 OZ. CRANBERRY SAUCE - 1/2C MILK - 8 OZ.
MAY 31	JUNE 1	JUNE 2	JUNE 3	JUNE 4
CLOSED				
This menu is approved for use by title IIIC Nutrition Programs. K. Leicht, RD LDN MBA				



TO RESERVE CALL 708-354-0099