





SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - JANUARY 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DECEMBER 30	DECEMBER 31	JANUARY 1	JANUARY 2	JANUARY 1
		ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL OR PULLED PORK ON A BUN - 3OZ. BAKED BEANS - 1/2C COLE SLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ. MOSTICIOLLI - 1/2C MIXED VEGGS W/LIMA BEANS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG OR HAMBURGER ON A BUN W/LETTUCE, TOMATO, ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 4	JANUARY 5	JANUARY 6	JANUARY 7	JANUARY 8
PIZZA W/CHEESE, SAUSAGE, MUSHROOMS, GREEN PEPPER, ONION, W/EXTRA THIN CRUST - 3 OZ. NAVY BEAN SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	SPAGHETTI - 1/2C MEAT BALLS (3) - 3 OZ. SALAD W/TOMATOES - 1C SPINACH - 1/2C GARLIC BREAD - 4 OZ. CREAM OF CHICKEN SOUP - 3/4C CRANBERRY JUICE - 3/4C MILK - 8OZ.	JULIENNE SALAD - 1C SPLIT PEA SOUP W/HAM - 3/4C FRENCH BREAD - 2 SLS. COTTAGE CHEESE W/PINEAPPLE - 1/2C MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C SPINACH - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG OR HAMBURGER ON A BUN W/LETTUCE, TOMATO, ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 11	JANUARY 12	JANUARY 13	JANUARY 14	JANUARY 15
CHICKEN LEG QUARTER - 3 OZ. BAKED POTATO - 4 OZ. ZUCHINNI W/A SPRINKLE OF PARMESAN CHEESE - 1/2C CREAM OF CHICKEN SOUP - 3/4C GARLIC BR - 4 OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB ON WW BREAD OR SUBMARINE SANDWICH ON A HARD ROLL - 3 OZ. CREAM OF POTATO SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL OR PULLED PORK ON A BUN - 3OZ. BAKED BEANS - 1/2C COLE SLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ. MOSTICIOLLI - 1/2C MIXED VEGGS W/LIMA BEANS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG OR HAMBURGER ON A BUN W/LETTUCE, TOMATO, ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 18	JANUARY 19	JANUARY 20	JANUARY 21	JANUARY 22
PIZZA W/CHEESE, SAUSAGE, MUSHROOMS, GREEN PEPPER, ONION, W/EXTRA THIN CRUST - 3 OZ. NAVY BEAN SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	SPAGHETTI - 1/2C MEAT BALLS (3) - 3 OZ. SALAD W/TOMATOES - 1C SPINACH - 1/2C GARLIC BREAD - 4 OZ. CREAM OF CHICKEN SOUP - 3/4C CRANBERRY JUICE - 3/4C MILK - 8OZ.	JULIENNE SALAD - 1C SPLIT PEA SOUP W/HAM - 3/4C FRENCH BREAD - 2 SLS. COTTAGE CHEESE W/PINEAPPLE - 1/2C MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C SPINACH - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG OR HAMBURGER ON A BUN W/LETTUCE, TOMATO, ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 25	JANUARY 26	JANUARY 27	JANUARY 28	JANUARY 29
CHICKEN LEG QUARTER - 3 OZ. BAKED POTATO - 4 OZ. ZUCHINNI W/A SPRINKLE OF PARMESAN CHEESE - 1/2C CREAM OF CHICKEN SOUP - 3/4C GARLIC BR - 4 OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB ON WW BREAD OR SUBMARINE SANDWICH ON A HARD ROLL - 3 OZ. CREAM OF POTATO SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL OR PULLED PORK ON A BUN - 3OZ. BAKED BEANS - 1/2C COLE SLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 3 OZ. MOSTICIOLLI - 1/2C MIXED VEGGS W/LIMA BEANS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG OR HAMBURGER ON A BUN W/LETTUCE, TOMATO, ONION - 3 OZ. CHILI - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.

TO RESERVE CALL 708-354-1323