



SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - APRIL 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 29	MARCH 30	MARCH 31	APRIL 1	APRIL 1
ITALIAN BEEF ON A BUN WITH GREEN PEPPERS - 3 OZ. ROASTED POTATOES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN BREAST - 3 OZ. RICE W/GRAVY - 1/2 C BAKED POTATO - 4 OZ. GREEN BEANS - 1/2 C FRUIT - 1/2C MILK - 8 OZ.	SAUSAGE PIZZA WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	RIGATONI W/MEAT SAUCE - 3 OZ. PEAS - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	EGG & PEPPER SANDWICH - 3 OZ. FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.
APRIL 4	APRIL 5	APRIL 6	APRIL 7	APRIL 8
JULIAN SALAD - 1 C W/ HAM , TURKEY, CHEESE, TOMATOES - 2 OZ EACH RANCH DRESSING BREAD - 4 OZ. FRUIT ½ CUP MILK - 8 OZ.	CHICKEN VESUVIO W/EX SAUCE - 3OZ. VESUVIO POTATOE W/EX SAUCE - 1/2 C GREEN BEANS - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.	SPAGHETTI - 1/2 C W/MEATBALLS - 3OZ SPINACH - 1/2 C BREAD- 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB WITH BACON ON RYE BREAD - 3 OZ. PASTA SALAD - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	TALIPA - 3 OZ. MASH POTATO - 1/2 C BROCCOLI - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.
APRIL 11	APRIL 12	APRIL 13	APRIL 14	APRIL 15
HAMBURGER ON A BUN WITH LETTUCE, TOMATO, & ONION - 3 OZ. FRIES - 1/2 C FRUIT - 1/2C MILK - 8 OZ.	LEMON CHICKEN - 3 OZ. RICE W/GRAVY - 1/2 C CARROTS - ½ CUP FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.	EGGPLANT PARMESAN - 3 OZ. SPINACH - 1/2 C BREAD - 4 OZ. FRUIT - ½ CUP MILK - 8 OZ.	VEGGIE PIZZA WITH CHEESE, GR PEPPER, ONION ONION, & MUSHROOM WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	ITALIAN BEEF ON A BUN WITH GREEN PEPPERS - 3 OZ. ROASTED POTATOES - 1/2C FRUIT - 1/2C MILK - 8 OZ.
APRIL 18	APRIL 19	APRIL 20	APRIL 21	APRIL 22
TURKEY CLUB WITH BACON ON RYE BREAD - 3 OZ. CELERY STICKS (RAW) - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN BREAST - 3 OZ. BAKED POTATO - 4 OZ. GREEN BEANS - 1/2 C FRUIT - 1/2C MILK - 8 OZ.	BAKED MOSTACCIOLI WITH ITALIAN SAUSAGE 1/2 C - 3 OZ MIXED VEGETABLES 1/2 C BREAD 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	SAUSAGE PIZZA WITH WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	CHICKEN TENDERS - 3 OZ. MAC AND CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.
APRIL 25	APRIL 26	APRIL 27	APRIL 28	APRIL 29
SAUSAGE - 3 OZ. MASH POTATOES - ½ CUP GREEN PEAS - ½ CUP BREAD - 4 OZ. FRUIT - ½ CUP MILK - 8OZ	STUFFED CHICKEN BREAST - 3 OZ. RICE W/GRAVY - 1/2 C CELERY STICKS (RAW) - 1/2 C FRUIT - ½ CUP MILK - 8 OZ.	RIGATONI W/MEAT SAUCE - 3 OZ. SPINACH - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	JULIAN SALAD - 1 C W/ HAM , TURKEY, CHEESE, TOMATOES - 2 OZ EACH RANCH DRESSING BREAD - 4 OZ. FRUIT - ½ CUP MILK - 8 OZ.	PEPPERONI PIZZA WITH EXTRA THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.



Soup of the day will be served.

TO RESERVE CALL 708-603-2269 EXT 269

All items maybe subject to change.