



Community Response Network

Our Mission

The Community Response Network (CRN) is comprised of local businesses, non-profits, and volunteer agencies that are dedicated to working together to address the needs of older adults transitioning home from the hospital in a timely manner. The goal of the CRN is to expedite community-based services for older adults leaving an acute and post-acute care setting and their families to ensure a safe return home and find solutions for existing gaps in services.

Aging Care Connections
111 W Harris Ave
La Grange, IL 60525
P: 708.354.1323
F: 708.354.0282
E: info@agingcareconnections.org
www.agingcareconnections.org

CRN member services and assistance include:

- Advocacy and Private Care Management
- Benefit Consultation
- Domestic and Sexual Violence Services
- Downsizing/ Estate Liquidation
- Financial and Personal Assistance
- Funeral Home
- Hair Stylists
- Hearing Resources
- Hoarding/Professional Organizing
- Home Cleaning Services
- Home Delivered Meals
- Home Health
- Home Remodeling and Accessibility
- Hospice
- In Home Care Agencies
- Legal Services
- Medical Care
- Memory Care Engagement
- Mental Health Counseling & Wellness
- Nutrition
- Oral Care and Nutrition
- Palliative Care
- Real Estate for Seniors
- Senior Living Community & In-Home Care Referrals
- Technology
- Transportation

Aging Care Connections

Our mission is to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhances their ability to age well

Services include:

- Adult Protective Services
- Aging Well Neighborhood
- Benefits Assistance
- Caregiver Support
- Comprehensive Care Coordination
- Congregate Meals
- Chore Housekeeping
- Grandparents Raising Grandchildren
- Information and Assistance
- Options Counseling
- Home Delivered Meals (including special diets)
- Transitional Care
- Transportation Assistance

Service Area: Leyden, Norwood Park, Riverside, Lyons Townships, and parts of Proviso Township

Payment: Free service. Suggested donations for Congregate and Home Delivered Meals.

Contact Info:

F: 708.354.1323

E: info@agingcareconnections.org

Advocacy and Private Care Management

AgeWell Solutions

AgeWell Solutions is an independent geriatric care management service and the solo practice of Tracey Olson, a licensed clinical social worker (LCSW).

Services Include:

- Provides comprehensive assessments and care action plans.
- Finds proven resources and appropriate benefits for client, for both in-home care and in communities
- Advocacy and coordination with medical team
- Offers practical and emotional support to client and family
- Experienced working with clients with mental illness and dementia

Service Area: Works throughout the Chicagoland area-mostly concentrated from Oak Park to Downers Grove- and with family caregivers anywhere.

Payment: This service is private pay, billed by the hour or project, and checks are accepted.

Contact Info:

Tracey Olson, MSW, LCSW, C-ASWCM

Tracey@agewellsolutions.net

P: 708.646.4543

Advocacy and Private Care Management

NShore Patient Advocates

NShore Patient Advocates is the largest, highest skilled professional nurse advocacy company in the greater Chicagoland Region. Our clinically experienced Nurse Advocates help our clients navigate the increasingly complex healthcare system with a wide array of expertise in both acute and long-term health challenges.

Ways we help our clients:

- Help protect Patient Rights and ask the right questions to ensure the patient is well-informed and well cared for
- Available 24/7 to assist in cases of medical emergencies
- Help individuals and families navigate during life-threatening and/or complex diagnoses
- Mediate conflicts within families and between hospitals, insurance companies, and care facilities to achieve better outcomes for our clients.
- We have a large vital network within the medical, legal, and senior support services field to provide the most vetted referrals

Service Area: Greater Chicagoland area, Northern suburbs of Chicago

Payment: Pricing discussed on consultation.

Contact Info:

Teri Dreher, RN, CCRN, iRNPA

P:(847) 612-6684

F:(847)680-0934

teri@northshorem.com

Advocacy and Private Care Management

Trinity Advocacy Group

Trinity Advocacy Group (TAG) is a private care management firm, offering customized, professional, and experienced advocacy services to vulnerable adults. Our service lines include:

- **Care Management** – provide in-depth assessments, develop individualized care plans, monitor client care needs, and continuous or occasional support.
- **Caregiver Coaching** – expert guidance for the caregiver (oftentimes the adult child, spouse, or other family member) to resolve emergency or chronic issues, problem-solve areas of conflict, coach caregiver on key questions to ask when trying to navigate care of a loved one.
- **Fiduciary Services** – affordable, professional decision-making services. TAG will serve as agent under the Power of Attorney, Executor or Administrator of an estate, or Trustee of a variety of trust types, including supplemental/special needs trusts.
- **Guardianship** – by court-appointment Guardianship of the Person or Guardianship of the Estate for vulnerable adults who either have nobody to oversee care and/or financial matters, or who may be estranged from or outlived their family.
- **Mediation** - Conflict over what is in the best interest of an elderly or disabled adult can create a permanent breakdown of significant relationships. This conflict can lead to everything from minor miscommunications to lengthy and expensive courtroom battles. Mediation fosters productive problem-solving and agreement on a solution.

Service Area: Primarily DuPage, Kane, Suburban Cook, and Will counties. Will also serve DeKalb, Kendall, Lake, LaSalle, and McHenry Counties on case-by-case basis.

Payment: Private funds, which can include long term care insurance policies, trust funds, or savings. All services are billed hourly. Payment accepted via check, all major credit cards, and Zelle.

Contact Info:

Colleen Ceh Becvar, Gerontologist, owner
Oak Brook, IL

www.TrinityAdvocacyGroup.com

Colleen@TrinityAdvocacyGroup.com

331-901-5945

Benefit Consultation

LifeSmart Senior Services

LifeSmart Senior Services provides benefit consultation to Medicare recipients. Services include:

- Review of Medicare insurance
- Review of prescription drug plan

Service Area: Most Southwestern suburbs and southwest city limits; Berwyn, Burbank, Bridgeview, Crestwood, Hickory Hills, LaGrange, Palos Heights, Palos, Oak Lawn, Oak Park, Worth, Chicago Ridge

Payment: Free of Charge

Contact Information

Cathy Espinoza, Licensed Agent

Benefit Consultant

P: 708-921-5784

F: 708-636-1344

cathy@yourlifessmart.com

cathy.espinoza@sbcglobal.net

Domestic and Sexual Violence Services

Pillars Community Health

Pillars Community Health offers the following services to survivors of domestic and/or sexual violence:

- Constance Morris House, our emergency residential shelter
- A 24-hour confidential sexual assault hotline: 708-482-9600
- A 24-hour confidential domestic violence hotline: 708-485-5254
- Accompanying survivors to local ERs, courthouses, and police stations
- Presentations to community groups including older adults

Services are available in English, Spanish, and Arabic.

Service Area: Western and Southwestern Suburbs

Payment: The majority of our Domestic and Sexual Violence Services are provided at NO COST. For counseling, a variety of commercial and managed Medicaid plans are accepted along with a sliding fee scale (payment based on income).

Contact Information

Tel: 708-PILLARS (708-745-5277)

Email: info@pchcares.org

Website: www.PillarsCommunityHealth.or

Downsizing/ Estate Liquidation

KAT Organizing and Relocation Solutions

KAT Organizing Relocation Solutions was started in 2005 with the mission of bringing peace and calm into a chaos home/business or with relocation. We help clients with organizing the home and help make their moves stress free. KAT helps clients with sorting/decluttering the items in the home, with moves. KAT creates a floor plan, downsizing every area of the home, pack/unpack and set the home back up if local move.

Service Area: Based out of Homewood IL and covers a 50 minute drive in all direction; however we do not go into downtown Chicago but will refer you to similar companies who work in the downtown area.

Payment: KATs pricing is based on the type of job we are doing we have different packages; we expect cash, check, and credit card.

Contact Information

Kristine Todd

Homewood Il 60430

708-516-8418

katodd1@sbcglobal.net

www.katorganizing.com

Financial and Personal Assistance

American Advisors Group/ Reverse Mortgages

American Advisors Group offers Reverse Mortgages as one of its many financial products. Terri Brady is an experienced Reverse Mortgage Consultant dedicated to helping seniors afford to stay in their homes. She advises senior citizens on how to use reverse mortgages to supplement their retirement income, pay for health care expenses, pay off credit cards, or simply establish a cash reserve for emergencies, respecting the uniqueness of each client's situation. Terri is committed to finding the best financial solution for her seniors and can help look at home equity loans as well as reverse mortgages.

Service Area: Terri is available to meet with clients in their home in Illinois, Indiana and Wisconsin.

Payment: A reverse mortgage has closing costs, but the costs are not paid out of pocket. They are paid by the proceeds of the reverse mortgage. There are also no monthly payments with a reverse mortgage. Instead, the mortgage is paid off when the borrower no longer lives in the home, i.e. when the borrower moves or passes away.

Contact Information

Terese (Terri) Brady / Reverse Mortgage Lending Officer

NMLS# 1043728

American Advisors Group

P: 312-203-4018

tbrady@aag.com

Hair Stylists

Hairs to You Too, LTD

Provides affordable, quality hair care services directly to you on-site in your home or a mobile, wheelchair accessible hair salon vehicle.

Service Area: Most Southwestern suburbs and southwest city limits, will travel to other areas, call for arrangements

Payment: Cash, Credit, Check. Prices begin at \$40 depending on service; first 10 miles of travel are included with price, subsequent mileage billed at .99/mile

Contact Information

Cathy Espinoza

P: 708.921.5784

F: 708.636.1344

Cathy@HairsToYouToo.net

www.HairsToYouToo.net

Hearing Resources

CapTel Captioned Telephone

Lynda Strelitz is an Outreach Representative for CapTel Captioned Telephones, phones designed for people with hearing loss. CapTel phones work like any other telephone with one important addition: they show closed captions of everything your caller says. You can listen to the caller, amplify the sound, and also read the captions on the screen display. Just like captions on TV, only for your phone.

Service Area: All of Illinois

Payment: CapTel is a Federally funded, No Cost Captioning Service, with no monthly fee or contract required. No Cost in-home installation and training provided. If a client has internet and a landline or VOip (landline service over the internet) such as Comcast Xfinity, AT&T U-verse, Magic Jack, Vonage or OOhma they can receive a No Cost CapTel phone with a valid third-party certification from their primary care doctor, Audiologist, RN, LSW or LCSW.

Contact Information

Lynda Strelitz- Outreach, Education & Installations
CapTel- Captioned Telephone Illinois
www.oeius.org
P: (847) 226-7779
lynda.strelitz@oeius.org

Hoarding/ Professional Organizing

KAT Organizing and Relocation Solutions

KAT Organizing Relocation Solutions was started in 2005 with the mission of bringing peace and calm into a chaos home/business or with relocation. We help clients with organizing the home and help make their moves stress free. Kat also helps people with hoarding issues. KAT helps clients with sorting/decluttering the items in the home, with moves. KAT creates a floor plan, downsizing every area of the home, pack/unpack and set the home back up if local move.

Service Area: Based out of Homewood IL and covers a 50 minute drive in all direction; however we do not go into downtown Chicago but will refer you to similar companies who work in the downtown area.

Payment: KATs pricing is based on the type of job we are doing we have different packages; we expect cash, check, and credit card.

Contact Information

Kristine Todd

Homewood Il 60430

P: 708-516-8418

www.katorganizing.com

kris@katorganizing.com

Home Cleaning Services

Crystal Klear Cleaning

Crystal Klear Cleaning provides deep or general cleaning to residential and small businesses. Crystal Klear Cleaning provides move out/ move in cleaning and pre-construction clean up. We will also come out and provide free estimates to determine cost. We provide our own supplies with commercial and non-toxic products.

Service area: Southwest suburbs; Lisle, Bolingbrook, Naperville, Addison, Bloomingdale, and Carol Stream

Payment: Cash, Checks, Visa, MasterCard, Discover, Chase Quick Pay, Paypal. Cost ranges from \$30-\$40/ hour

Contact Information

Kimberly Montesinos

5401 Patton Drive

Suite 115

Lisle, IL 60532

P: 847.722.9659

info@crystalklearcleaning.net

www.crystalklearcleaning.net

Home Delivered Meals

Cantata

Cantata provides Home Delivered Meals for 7 days a week. Always includes a juice, milk and dessert! Also have special diets (pureed, mechanical soft, renal etc.)

Service Area: 10 Mile Radius (Western Cook County and eastern DuPage County)

Payment: \$8/ meals, we accept credit card, check, ACH, LTC Insurance

Contact Information

Marisol Hernandez

P: 708.387.1057

Marisol.hernandez@cantata.org

Home Health

AMITA Health

AMITA HOME HEALTH Services offers excellent, patient-centered home health care. We service patients in Cook, DuPage, Kane, Lake, McHenry and Will counties. Amita Home Health is licensed by the Illinois Department of Public Health. The program is Medicare and Joint Commission-certified and is accepted by most insurance companies.

AMITA Home Health can provide education and monitoring on cardiac health, chronic obstructive pulmonary disease (COPD), stroke rehabilitation, diabetic education, best practices for wound care, orthopedic follow-up care, intravenous therapy, cancer care, medication education management and more.

Using a team approach, our multidisciplinary team includes:

- Registered nurses
- Physical therapists
- Occupational therapists
- Speech therapists
- Social workers
- Home health aides

Service Area: Greater Chicagoland area

Payment: Medicare, Medicaid and most major insurances. Our specially trained Intake Specialists will work with patients and families to determine eligibility

Contact Information:

P: 708-245-6901

F: 708-245-6919

Home Health

Elara Caring

Elara Caring Home Health is a Medicare certified, national home health agency in 16 states. Elara Caring provides Private Duty, Home Health, Hospice & Behavioral Health. Our mission is providing **Right Care * Right Time * Right Place**.

Our staff is available 24/7/365 with nursing triage and support staff available evenings, weekends, and holidays.

Elara Caring specialty programs: Behavioral Health, Orthopedic Rehabilitation, Parkinson's Disease (LSVT) Telemedicine, Great Steps (Fall Prevention) IV Therapy, Low Vision, Incontinence and Unnecessary hospital readmissions. Our multidisciplinary team includes:

- Skilled Nursing
- Physical Therapy
- Occupational therapy
- Speech Therapy
- Medical Social Workers
- Home Health Aides

Service area: Cook, DuPage, Lake, Kane, McHenry, Boone, DeKalb, Kendall, Will, LaSalle, Grundy, Kankakee, Livingston including Springfield. Midwest States coverage: Indiana, Michigan, Ohio.

Contact Information

Judith Alleyne, MPH

Account Executive

P: 773-575-1006

F: 877-777-1873

Email: jalleyne@elara.com

Home Health

Phoenix Home Care, L.L.C.

Phoenix Home Care, L.L.C. is an independently owned and operated, Medicare certified home health agency that has been serving Illinois families for over 20 years. Services include:

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Medical Social Workers
- Home Health Aides

Service Area: Cook, DuPage, Grundy, Kane, Kendall, Lake, McHenry, & Will Counties

Payment: Contracted with Medicare, BCBS (*HMOI, Medicare Advantage, MMAI, PPO*), United Healthcare, Community Care Alliance MMAI, Illinicare MMAI, Cigna Healthspring, Molina Healthcare MMAI, Humana, Meridian MMAI, and Medicaid

Contact Information

Pete Miska

630-321-9400

200 S Frontage Rd #320

Burr Ridge, IL 60527

pmiska@aol.com

www.phoenixhomecarellc.com

Home Remodeling and Accessibility

Home for Life Advantage

With experience in the construction industry spanning over 30 years and 10 years focused on independent living home modifications, we've been providing solutions to older adults and people with disabilities and/or mobility issues. Our Certified Aging in Place Specialists will partner with you to build an accessible environment, allowing you to maintain an independent lifestyle at home.

Services we offer include:

- Bathroom Remodeling
- Barrier Free Showers
- Grab Bars
- Ramps – Outdoor, Indoor, Garage and Portable
- Stairlifts and Chairlifts
- Kitchen Modifications
- Ceiling Lifts
- Universal Design Homes

Service Area: The Chicagoland Region, including all surrounding suburbs from the North, South and West.

Payment: Check, cash or credit card accepted. Free home estimate.

Contact Information:

630-466-2611

info@homeforlifeadvantage.com

769 Heartland Dr. Suite B

Sugar Grove, IL 60554

Home Remodeling and Accessibility

Slip-Proof Safety/ AmeriGlide

Slip-Proof Safety is a family owned business providing personalized service and high-quality equipment to allow folks with mobility issues to stay safely and comfortably in their homes.

Services include custom home modifications and equipment such as:

- Walk in and roll in showers,
- Walk in bathtubs,
- Grab bars,
- Portable and fixed ramps,
- Straight and curved stair lifts & wheelchair lifts
- Rental and Used straight stair lifts
- Lift Chairs & scooters

Service area: We serve Chicago and the extended metropolitan area including northwest Indiana

Payment: We accept payments of cash, check, or credit card. Financing is also available.

Contact Information

Frank Mannella
708-839-4775
8752 S 78th Ave
Bridgeview, IL 60455
Justice, IL 60458
Slipproof.Ameriglide@gmail.com
www.SlipProofSafety.com

Hospice

AMITA Health

AMITA HEALTH HOSPICE services offers specialized care hallmarked by compassion and enhanced by new therapies for pain and symptom relief, and advancements in the understanding of grief. Our care is centered around helping the patient live life as fully and comfortable as possible, in whatever time remains, with as little pain and as few symptoms as possible. We offer emotional and spiritual support to keep patients free from fear and anxiety. We help our patients to maintain dignity and quality of life with loved ones nearby. Because most people prefer being at home, hospice care is provided where ever the patient lives, in their home, nursing home or in assisted living communities. Care can also be provided in the AMITA Alexian Brothers hospice residence when needed. Each hospice patient and family are supported by a team that includes:

- Doctors working in collaboration with the patient's primary care physician
- Hospice nurses specially trained in providing symptom relief and pain management
- Hospice Aides to help with personal care like bathing and dressing'
- Trained volunteers to talk, listen, run errands and lend an extra hand
- Social workers and counselors to give emotional support
- Clergy, if desired, from a variety of faith traditions
- Physical and occupational therapy, as needed for safety and quality of life
- Complimentary therapies may include:
 - Art Therapy
 - Massage Therapy
 - Music Therapy
 - Pet Therapy

Service Area: Greater Chicagoland area

Payment: Medicare, Medicaid and most major insurances. Our specially trained Intake Specialists will work with patients and families to determine eligibility

Contact Information: P: 630-280-6676 | F: 630-856-6999

Hospice

Great Lakes- Elara Caring

Great Lakes-Elara Caring is Industry Lead in clinical quality including expert in pain assessment and treatment, as identified by Medicare quality report; providing clinical centered treatment and support with three, full-time shifts of nurses available 24/7/365 including weekends and holidays with compassionate care and support for patients, family and caregivers with intensity of care at end of life. Great Lakes-Elara Caring also specializes in diseased focus care to manage the symptoms of Alzheimer's and COPD. GL-EC honor's our Military Veterans. Services Includes:

- Physician services
- Nursing care
- Medical equipment and supplies
- Medications related to diagnosis
- Social work services
- Nurse aide and homemaker services
- Dietary counseling
- Spiritual counseling
- Bereavement services
- Volunteers
- Pharmacist services

Service Area: Cook, DuPage, Will, Kane, Lake, McHenry, Kendall, Grundy, Kankakee, Boone, DeKalb, LaSalle, and Livingston counties; 17 States with 3 Illinois Offices: Des Plaines, Palos Heights and Springfield.

Payment: Medicare Part A covers 100% of costs if patient meets eligibility criteria.

Contact Information

Judith Alleyne, MPH
Account Executive
P: 773-575-1006
F: 877-777-1873
Email: jalleyne@elara.com

In Home Care Agencies

Addus HomeCare In-Home Care

At Addus, everything we do is focused around one goal: keeping individuals healthy and independent at home. Since 1979, Addus HomeCare Aides have provided in-home care services to older adults and adults with disabilities. Our care plans cover management of chronic illnesses, recovery from an injury, illness or surgery or simply the need for assistance maintaining independence in daily life.

The Aid and Attendance Special Pension Benefit: There are over 20 million veterans living in the United States today. Addus sees it as a duty to provide easy access to the supportive services they need as they age. The Veterans Administration has a special pension called the Aid and Attendance Benefit for veterans, surviving spouses of veterans and dependent children of veterans with non-service related disabilities requiring regular assistance with activities of daily living (ADL).

Service Area: State of Illinois; offices/service throughout the U.S.

Contact Information

Michelle Thomas, Director
6816 Windsor Avenue

Ste 100, Berwyn, IL 6040
Michelle.thomas@addus.com
P: 708.216.1470 (x13246)
F: 877.602.137

Payment: Addus accepts Medicaid, Insurance and private pay.
Please call us today to discuss your needs and best payment
solutions.

In Home Care Agencies

All Trust Home Care

All Trust Home Care is a Home Service Agency licensed through the Illinois Department of Public Health. We specialize in Alzheimer's and Dementia Care, our compassionate and professionally trained Caregivers and Certified Nursing Assistance provide assistance with non-medical needs:

- Activities of Daily Living
- Medication Reminders
- Personal Care
- Transportation
- Companionship
- Promote overall safety

Offers a free home assessment to see type of care scenario:
Live-In Care, Hourly Care, or Respite Care will work best

Service Area: North, Northwest, Western, and South Suburbs of Chicago along with surrounding areas

Payment: Rates range from \$24 to \$27/ hr and \$270 to \$300/ day. All Trust accepts check, credit card payments, and long term care insurance.

Contact Information

Deanine McGill

deanine@alltrustrhomecare.com

630-920-9999

In Home Care Agencies

Cantata Adult Life Services

Cantata is a licensed provider of in-home care & home nursing services. Our visits range from 1 hour to 24 hours daily.

- In-home care management
- Private duty nursing
- Dementia care
- Personal assistance
- Transportation
- Meal delivery
- Light housekeeping
- Meal preparation
- Companionship

Service Area: Lyons Township, West Suburbs, Cook County, Parts of DuPage County

Payment: Rates range from \$20 to \$33 per hour. Cantata can bill these insurances directly: Genworth, CAN, Prudential, John Hancock

Contact Information

Marisol Hernandez

P: 708-387-1057

F: 708-485-8830

Marisol.hernandez@cantata.org

www.cantatahomecare.org

In Home Care Agencies

Comfort Keepers

Comfort Keepers is here to help ensure senior safety and wellbeing through the current health crisis and beyond. From picking up prescriptions and grocery shopping to providing companionship and personal care, we're here to help.

For more than 18 years Comfort Keepers of Chicagoland has been Elevating the Human Spirit for seniors and other adults by empowering them to maintain their independence and realize joy in the everyday moments. Our uplifting care services focus on the physical, mental and social wellbeing to help seniors live the highest quality of life in the comfort of their home.

- Companionship
- Bathing, Grooming & Hygiene
- Meal Preparation
- Mobility Assistance
- Laundry
- Light Housekeeping
- Medication Reminders
- Transportation
- Incontinence Care
- Family Support
- Respite Care
- Errand Services
- Dementia Care
- 24 Hour Care
- Safety Technology Products
- GrandPad, (tablet designed for seniors 75+) included

Service Area: Cook and DuPage Counties

Payment: ACH Debit (electronic bank transfers) and credit cards. We also accept Long Term Care Insurance & Veterans Benefits.

Contact Information

Katie Fielmann or Colleen Fielmann

P: 630-834-8366 Office

F: 630-834-8368 Fax

www.ComfortKeepers.com/Offices/Illinois/Elmhurst

KatieFielmann@comfortkeepers.com

ColleenFielmann@comfotkeepers.com

In Home Care Agencies

Home Helpers Home Care

Home Helpers Home Care is a state-licensed, locally owned and operated Home Care agency. We are one of the largest and most highly-rated agencies in Illinois. Our dementia specialist trains every Caregiver. Our Care Managers and Caregivers are committed to providing customized, compassionate care whenever and wherever it is needed. See our 5-star ratings at www.homehelpershomecare.com/hinsdale

Non-Medical Caregiver

Services:

- Helping seniors avoid falls, hospitalization
- Assistance with hygiene, bathing, dressing, walking
- Dementia and Alzheimer's care
- Medication reminders
- Fixing, serving meals
- Companionship
- Errands, grocery shopping
- Light housekeeping, laundry
- Transportation to appointments
- Discounted, chef-prepared home delivered meals

Service Area: Cook County, DuPage County

Payment: Free initial consultation. Prices vary based on client needs and length of visit (from 1-hour minimum service up to 24-hour, live-in care). Clients can pay through autopay from a credit card or bank account. We work with VA benefits and accept long-term care insurance. We will submit claims on your behalf.

Contact Information

Brian Davis, Owner & Dominica Davis, LCSW
123 E. Ogden Ave Ste 102A Hinsdale, IL 60521
P: 630-323-7231

brian@homehelpershomecare.com

www.homehelpershomecare.com/hinsdale

In Home Care Agencies

Home Instead Senior Care

Home Instead is a trusted and affordable solution for older individuals capable of managing many of their physical needs, but who require supportive care in order to remain in their place of residence. Our care managers are available for on-site family meetings and assessments to assist families with finding the right amount of care at an affordable price. Our professional service is performed by Caregivers who are screened, trained, bonded and insured and who remain our employees. We conduct rigorous criminal background (including fingerprint-based checks and a 10-panel drug test), DMV, and reference checks while paying very special attention to matching our Caregivers with our clients to ensure compatibility.

- We currently provide care to more than 150 clients each month, using our own Caregivers, many of whom are qualified Nursing Aides.
- The State of Illinois Department of Public Health licenses and inspects us as a Home Service Provider.
- We are experienced with long-term care insurance companies, respite care providers, hospice and with the children/families of seniors.
- Our services can be arranged for as little as three hours, or as many as 24 hours a day – if required, we will provide care for shorter one or two-hour shifts.
- Care is available seven days a week, including holidays, at very competitive rates.

Service Area: Chicagoland and the surrounding suburbs

Payment: Our specialized care costs from \$21.00 - \$27.00 per hour depending on the number of hours or weekends needed for service. Our staff also provides 24-hour live in services at a cost of \$250.00 - \$350.00 per day.

Contact Information:
708-482-8660 / 630-835-0600

In Home Care Agencies

Independence-4-Seniors Home Care

Independence-4-Seniors Home Care, started by Mike and Joan O'Brien in 2002, is a home care agency dedicated to assisting older adults with their desire to remain independent and continue living at home. Joan is a registered nurse and both she and Mike are Certified Dementia Practitioners. Our agency is licensed, and our employees are bonded, insured, and undergo fingerprint background checks. All services begin with a complimentary assessment by an RN who will discuss a customized plan of care and service schedule based on individual needs. Services include, but are not limited to, the following:

Nursing Services	Non-Medical Services
<ul style="list-style-type: none">• Medication box set-up• Dressing changes• Coumadin monitoring• Nursing assessments• Blood sugar testing• Medication reconciliation & education• Teaching:<ul style="list-style-type: none">○ Injections○ Ostomy care○ Tube feedings○ Wound care	<ul style="list-style-type: none">• Personal care (bathing, toileting, grooming dressing)• Companionship• Grocery shopping & errands• Light housekeeping• Transportation to scheduled appointments• Medication reminders• Alzheimer's & Dementia care• Hospice assistance• Assistance with activities of daily living• Fall prevention• Free Phillips Lifeline emergency response system with AutoAlert for qualified clients

Service Areas: Western Cook and DuPage counties

Payment Options: Check, Electronic bank transfers (ACH), and Credit Cards. If you have long-term care insurance, we will provide processing assistance for claims submission.

Contact Information

Mike O'Brien, CDP – Owner

Joan O'Brien, RN, MSN, CDP – Owner

Phone: (630)323-4665/ Fax: (630)323-4669

Email: info@independence4seniors.com

Website: www.independence4seniors.com

Legal Services

Eileen Fitzgerald, Elder Law Attorney
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Eileen R. Fitzgerald has been practicing law in the western suburbs for more than 30 years and has provided compassionate Elder Law advice for the past 23 years. The primary emphasis of the firm is Elder Law, which focuses on issues as clients get older.

- Estate Planning
- Trusts
- Guardianships
(DuPage County Only)
- Probate
- Trust Administration
- Medicaid Planning and Applications for nursing home residents
- Powers of Attorney

Service Area: Eileen helps clients in DuPage, Cook & Will County. For clients who cannot travel, Eileen will make house calls/ visits to the hospital/ nursing home within a reasonable distance from Downers Grove.

Payment: Fees depend on legal services provided

Contact information

Eileen R. Fitzgerald

Attorney at Law

1561 Warren Ave

Downers Grove, IL 60515

P: 630.493.4380

F: 630.493.4383

www.efitzlaw.com

Legal Services

Debra Anthony, Estate Planning Attorney

Debra Anthony is an Estate Planning attorney located in LaGrange, Illinois. Debra helps people state in writing who they trust to make decisions for their health and finances. If a person owns a residence, a trust can help avoid probate court and make life easier. Debra helps people coordinate beneficiary designations with other documents, such as a trust, will, and power of attorney forms for health and finances.* She is happy to meet people at times and locations they find convenient, including evenings and weekends

*Debra does not provide services related to Medicaid applications or Nursing Home contracts.

Service Area: All of Chicagoland

Payment: After a complimentary consultation, Debra can offer a flat fee rate based on what is needed.

Contact Information

Debra Anthony, Attorney at Law

www.debanthony.com

legal@debanthony.net

P: 630.354.8789

C:630 863 8803

Legal Services

Nancie Dorjath, Elder Law Attorney

Attorney Nancie Dorjath loves working with seniors and their families to understand their needs and enjoys the challenges of the legal profession. She is knowledgeable, understanding, compassionate and a true advocate for her clients' needs. At the Dorjath Law Center you can be assured that you will always be able to speak with Nancie. She will provide the personal attention that you need and deserve.

The Dorjath Law Center specializes in:

- Elder Care Law
- Living Wills
- Special Needs Planning
- Veterans' Benefits
 - Estate Planning
 - Wills
 - Trusts
 - Powers of Attorney
 - Estate Tax Issue
- Medicaid Planning
 - Medicaid Crisis Planning
 - Assist in planning for Eligibility
 - Represent at Local Office
 - Represent at the office of the inspector general

Service Area: Offices in Batavia, Oakbrook and Cary, Illinois. We also can travel to your loved ones' home or to a local senior living community where necessary.

Payment: Our services start at as little as \$250 and all services are quoted and billed at a flat fee price so that you can feel comfortable and confident about working with us.

Contact Information

Dorjath Law Center
Nancie Dorjath
106 W. Wilson Street Ste 3
Batavia, Illinois 60510

630-761-3600

Nancie@DorjathLawCenter.com

Medical Care

Pillars Community Health

Pillars Community Health is a 100-year-old nonprofit provider of health and social services. Our team of primary care physicians and other providers can provide your medical care at our Medical Center in downtown La Grange or on-site at Anne M. Jeans Elementary School in Willowbrook. Services include annual physicals, psychiatric services, diabetes management, HIV/STI testing, women's health services, low cost prescriptions, care coordination with area hospitals, and more. Services are available in multiple languages. All services provided regardless of income or insurance.

Service Area: Western and Southwestern Suburbs

Payment: A variety of commercial and managed Medicaid plans accepted along with a sliding fee scale (payment based on income). We also participate in Medicare Part B.

Contact Information

Tel: 708-PILLARS (708-745-5277)

Email: info@pchcares.org

Website: www.PillarsCommunityHeal

Memory Care Engagement

Magically Done

Magically Done - A unique service for eldercare

Magically Done, founded in 2007, is a company that provides aide and support to families caring for elders. Trish Walker, a Certified Dementia Practitioner, cultivates relationships through weekly visits at home or in a facility. Specializing in compassionate care for clients with dementia by designing personalized programs to meet their needs and abilities.

- + Creates customized programs for client
- + Provides Memory Care Engagement activities
- + Advocates for client
- + Reviews nutrition, meal planning, grocery lists
- + Available for respite monitoring when family is unavailable
- + Offers suggestions and direction as client's needs change
- + Sends written report to family after each visit

Service Area: La Grange and surrounding communities within a 10-mile radius

Payment: This is a private pay service, billed by the hour or project. Checks, ACH, Zelle accepted

Contact Information

Patricia (Trish) Walker, CDP, FSSMC

Trish@MagicallyDone.com

708.949.6325 - Office

708.805.4140 - Cell

Mental Health Counseling & Wellness

Pillars Community Health

Pillars Community Health is a 100-year-old nonprofit provider of health and social services. We offer mental health and substance use disorder services including outpatient counseling, substance use disorder outpatient therapy, a 24-hour crisis hotline (708-745-5277) with intervention, psychiatry, and more. Services are available in English and Spanish. All services provided regardless of income or insurance.

Service Area: Western and Southwestern Suburbs, telehealth

Payment: A variety of commercial and managed Medicaid plans accepted along with a sliding fee scale (payment based on income).

Contact Information

Tel: 708-PILLARS (708-745-5277)

Email: info@pchcares.org

Website: www.PillarsCommunityHealth.org

Mental Health Counseling & Wellness

SamaraCare Counseling

SamaraCare is a non-profit mental health counseling organization that offers specialized services in older adult & family counseling. We offer a wide variety of client-focused and goal-oriented counseling support in a broad range of specialty areas so that clients can find the right emotional, behavioral and spiritual balance they are seeking. Our treatment areas include, but are not limited, to:

- Loneliness/Isolation/Depression
- Family/Life Transitions
- Retirement Transitions
- Stress Management
- Anxiety and Mood Disorders
- Grief and Loss
- Marriage Counseling
- Family Conflicts

We also offer customized mental health and wellness presentations and workshops to schools, service clubs and faith/community groups.

We are unique in providing the option of spiritually-integrated therapy to those individuals seeking this approach. We respect all faith perspectives or no faith at all. We also provide fee subsidy assistance through our Mental Health Access Program to qualifying individuals and families with financial limitations.

Bi-lingual/Bi-cultural services in English/Spanish are available

Service Area: Cook, DuPage, Kane, Kendall, Lake & Will Counties

Payment: Contracted with Medicare, BCBS, Aetna, United Healthcare, Cigna Healthspring and several other private pay health insurers.

Contact Information

Monica Guilhot-Chartrand, LCSW
Senior Services Program Coordinator

Tel: 630-357-2456 x27

Email: mguilhot@samaracarecounseling.org

Website: www.samaracarecounseling.org

Nutrition

ReLiv International

Reliv: is nutrition made simple

Reliv is a 30yr old wellness company that has patented nutritional products that are on the cutting edge of food science

- We have a varied nutritional product line
- We have an excellent line of CBD products (in liquid and balm) which all come with a certificate of authenticity
- We have core nutrition for every day food supplementation
- We have functional foods that target specific health concerns
- We do individual consultations to determine the best nutritional path for each client

Follow up: all our products come with both a 100% money back guarantee, along with personalized attention on how to maximize your health benefits. This also includes conversations with customers who have already tried the reliv products and who share their results, and how they take the products.

Service area: local to nationwide

Payment: cash, check or credit card

Contact information:

Michael Kross
Independent Reliv Distributor
708 256 9022
Frankfort, IL 60423
www.btrbody.com

Oral Care and Nutrition

Pillars Community Health

Pillars Community Health is a 100-year-old nonprofit provider of health and social services. Oral care services are available at our Dental Center in downtown La Grange and on-site at Anne M. Jeans Elementary School in Willowbrook. Services include exams and cleaning, dental sealants, fluoride treatments, digital X-rays, fillings, emergency care and extractions, and more. Services are available in multiple languages. All services provided regardless of income or insurance.

Service Area: Western and Southwestern Suburbs

Payment: A variety of commercial and dental Medicaid plans accepted along with a sliding fee scale (payment based on income).

Contact Information

Tel: 708-PILLARS (708-745-5277)

Email: info@pchcares.org

Website: www.PillarsCommunityHealth.org

Oral Care and Nutrition

Trish Smithing/34th Street Dental Care

My career focus is to educate people on the relationship between the oral cavity and the rest of the systemic body and give detailed scientific ways that good nutrition, among other things, can extend and enhance the human life.

Services Include:

- Family General Dentistry
- Teeth Whitening
- Dental Crowns and Bridges
- Dental Implants
- Orthodontics
- Oral Surgery
- Dentures and Partial

Service Area: The office cares for patients from all over the Chicagoland area

Payment: The dental office accepts cash, visa, discover, mastercard, American express, private dental insurance, in house membership plan, Care Credit and Lending Club

Contact Info:

34th St Dental, 6411 34th St., Berwyn, IL 60402

Tel: 708-484-6576

www.34thstreetdentalcare.com

Trish Smithing, RDH

trishsmithing.com

tsmithing@hotmail.com

Isagenix Consultant: Isagenix is a trusted and respected organization that exists to inspire and empower individuals, families, and communities to live their best life through a journey of nutrition, health, and overall wellness. Our no

compromise commitment drives every product, every system, and every transformation to this day. <http://tsmithing69.isagenix.com>

Palliative Care

AMITA Health

AMITA PALLIATIVE CARE Consultative Services offers a special program for patients facing a serious illness. Palliative care improves quality of life for both you and your family. Palliative care is provided by a team of specialists, including palliative doctors, nurse practitioners, social workers and chaplains who work together with a patient's other doctors to provide an extra layer of support. It is appropriate at any age and any stage in a serious illness, and it can be provided along with curative care.

At AMITA Health, our Palliative Care team will address:

- Relief from symptoms including pain, shortness of breath, fatigue, constipation, nausea, loss of appetite, numbness, problems with sleep and much more
- In-depth communication with you and your family about your goals, your concerns and your treatment options—and how to match your goals to those options
- Coordination of your care among all of your healthcare providers
- Emotional, practical and spiritual support for you and your family if desired

Begin Palliative Care Early:

- Palliative care can occur at the same time as all other treatments for your illness. There's absolutely no reason to wait. In fact, some studies show that palliative care may extend life.
- Request a referral from your doctor
- Most insurance plans, including Medicare and Medicaid, cover palliative care.

Service Area: Greater Chicagoland area

Payment: Medicare, Medicaid and most major insurances. Our specially trained Intake Specialists will work with patients and families to determine eligibility

Contact Information:

P: 847-690-1858 | www.amitahealth.org/services/palliative-care/

Real Estate for Seniors

Resource 55 & America's Finest Real Estate

As a Real Estate professional specializing in serving seniors, we make it our business to listen, explore all options, advocate for YOU, and then take care of all the details. We recognize and appreciate that a late in life move involves both physical and emotional energy. Services are based on the needs, desires, lifestyle choices and unique circumstances of each client.

- Residential Real Estate Broker
- Certified Senior Housing Professional
- Senior Real Estate Specialist
- Specializing in Home Sales & Services for “Seniors on the Move”
- Provide vetted, licensed, insured professional resources for all real estate needs, when you need them most
- Pre-paring the home for sale
- Providing a Safe-Secure-Stress free real estate service
- New Home Assessment
- Free Coordination and Consultation

Service Area: 50 mile radius from Orland Park-LaGrange, Burr Ridge, Hinsdale, Oak Brook, Downers Grove, Willow brook, Westmont, Western Springs, Riverside, Brookfield, Lyons, Oak Park, Countryside, Clarendon Gills, Palos Park, Bolingbrook, Lisle, Lemont and Naperville

Payment: Never a fee for Consultation or Coordinating Resources. 3.9%-4.9% Commission at closing if Selling House

Contact Info:

Helen Morgan, CSHP, SRES

P: 708-712-8493

morganhelen@att.net

www.Resource55.com

Senior Living Community & In-Home Care Referrals

Senior Living Experts

At Senior Living Experts, I help seniors and their families find senior living options. Specifically, I refer Independent Living, Assisted Living, Memory Care, Supportive Living, and In-home Care options. I do not work with skilled nursing Medicaid. However, if someone calls with this need, I certainly will provide them with resources on where to turn next. I will accompany my clients on the tours of communities to ensure all of the right questions are being asked, and that they're comfortable with the process. I am familiar with hundreds of senior living communities therefore I am able to speak to the environment, services, amenities, level of care, and overall quality. My referrals to my clients are based off of their budget, their desired location, and if there is a specific diagnosis we are working with, ensuring that the community provides the correct level of care. If a senior needs a short-term respite in assisted living, after a hospital stay, I can provide options for communities that provide a hospital to home program.

Service Area: Chicagoland Area, city and surrounding suburbs

Payment: There is no charge to the senior. Senior Living Experts is paid by senior living providers.

Contact Information

Kerry Quirin, CDP

Senior Living Experts, Inc

C: 630-800-7865

E: kerry@seniorlivingexperts.com

Senior Living Community & In-Home Care Referrals

Senior Solutions

Senior Solutions is a service which helps seniors and their families navigate the many options of Senior Housing and In-Home Care. We are “matchmakers” - in matching the needs of our clients with the best available options. Some of our business processes include:

- Visit/ inspect the communities we suggest to clients
- Visit prospective client and or their families to determine the best fit for them
- Evaluate best fit by care level, lifestyle, location and finances
- Provide a manageable list of options
- Schedule tours of these communities with the prospects
- Offer additional resources to help clients with downsizing, Veterans benefits, and Elder Law

Service Area: Majority of greater Chicagoland area

Payment: Free Service!

Contact Information

Rick Graffagna

P: 630.246.2579

RGraffagna@SeniorSolutions3.com

www.SeniorSolutions3.com

Technology

Comfort Keepers

In addition to providing in-home care, Comfort Keepers also provides a variety of technological services that creates a solution for in-home safety. These technology services include:

- Personal Emergency Response System (PERS)
- Portable PERS with GPS
- Medication Dispenser Solutions
- Bedside Pressure Mats

Service Area: Cook and DuPage Counties

Payment: ACH debit, Check, Visa, MasterCard & Discover, We work with Long Term Care Insurance & Veterans Benefits. Rates range between \$24-\$45/ Hour

Contact Information

Katie Fielmann

C: 630-386-6421

P: 630-834-8366

F: 630-834-8368

katiefielmann@ComfortKeepers.com

www.Wooddale-219.ComfortKeepers.com

Technology

Home Helpers Home Care

In addition to providing in-home care, Home Helpers Home Care also provides electronic home monitoring, including free equipment and installation.

Service Area: Hinsdale, Western Springs, La Grange, LaGrange Park, Brookfield, Burr Ridge, Clarendon Hills, Countryside, Darien, Hodgkins, Indian Head Park, North Riverside, Riverside, Westchester, Westmont and Willowbrook.

Payment: Free to Home Helpers care clients.
Fees vary for independent technology services

Contact Information

Brian Davis - Owner
123 E. Ogden Ave Ste 102A Hinsdale, IL 60521
P: 630-323-7231
brian@homehelpershomecare.com

Technology

Independence 4 Seniors Home Care

In addition to providing in-home care, Independence-4 Seniors Home Care also provides Free Philips Lifeline emergency response system with Auto Alert for qualified clients

Service Area: Cook, DuPage, Will, Kane County

Payment: We accept credit card payment, checks or electronic bank transfers. We will work with Long Term Care Insurance claims

Contact Information

Independence-4-Seniors Home Care
P: 630.323.4665
F: 630.323.4669
info@independence4seniors.com

Transportation

Interfaith Community Partners

Interfaith Community Partners is a non-profit organization that works with volunteers to provide accompanied rides to older adults, 60 and better. Over 100 volunteers provide safe transportation to medical appointments, therapies, the grocery store, bank and hairdresser. Interfaith Community Partners also provides well-check phone calls, friendly visitation, card ministry, Petal Pusher flower deliveries, holiday meals, and homebound library deliveries.

Service Area: Brookfield, Burr Ridge, Broadview, Clarendon Hills, Countryside, Darien, Downers Grove, Hinsdale, Hodgkins, Indian Head Park, La Grange, La Grange Highlands, La Grange Park, Lyons, North Riverside, Oak Brook, Summit, Westchester, Western Springs, Westmont, Willowbrook

Payment: ICP is privately funded by grants, church support, private donations, and special events. No client is turned away for inability to donate, although many do.

Contact Information

Janet Garreau

Executive Director

P.O. Box 310

P: 708-354-9328

jgarreauicp@gmail.com

www.interfaithcommunitypartners.org