



aging care
connections

Because Aging Well Matters

CAREGIVER SUPPORT PROGRAM

WEDNESDAY SING-A-LONG MEMORY CAFÉ

Join us at our first Sing-a-Long Memory Café!

The Sing-a-Long Memory Café is a monthly, interactive sing-a-long that will provide a stimulating and interactive musical experience for individuals living with memory loss and their caregivers.

Memory Cafés are a social gathering for people living with dementia and their caregivers. They exist to help shoulder a bit of the burden and provide community, activities and information for both the caregiver and the person with dementia.

Date: Second Wednesday of each month, starting January 13, 2021

Time: 1:00 pm - 2:00 pm

Cost: **FREE**

How: Join via Zoom
<https://us02web.zoom.us/j/86711212835?pwd=WkNMVDVFOGQ1cnV5VVpBSmXpYm0rUT09>

Meeting ID: 867 1121 2835
Passcode: lalala

Registration: No registration necessary.

Questions: Contact Jessica Haines at jhaines@agingcareconnections.org

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