



aging care
connections

Your Source For Senior Care

BOARD OF DIRECTORS

President Saranne Milano

Vice President William S. Wilson

Treasurer Gregory J. Pierce

Directors

Jerry Burjan

Lee Burkey, Jr.

Michael D. Doepke

Edward Gervain

Richard J. Haley

Mary Beth Hardy

Dr. Rajeev Kumar

Daniel C. Pancake

Richard Shanley

Anne M. Shannon

Advisory Member

Catherine McCrory

Thomas J. Walsh

STAFF

Executive Director

Debra Verschelde

Director of Social Services

Louise Starmann

Advancement

Kenneth Grunke, **Director of**

Philanthropy and External

Affairs

Niki Chibucos, **Director of**

Development and Public

Relations

Linda Hussey

Margaret Pretkelis

Aging Resource Center

Ilana Shure, **Manager**

Lyndsey Anton

Denise Shin

Benefits Assistance

Bob Spain

Gladys Thurmond

Caregiver Support

Ruth Folkening

Care Coordination

Colleen Hill, **Supervisor**

Katrina Calhoun

Sara Carlock

Anna Frantz

Julie Heslin

Jennifer Mugnaini

Sue Murphy

Shari Nova

Melanie Plews

Mattie Stevenson

Elder Abuse

Elizabeth Thompson, **Supervisor**

Anna Bartoszek

Heather O'Hara

Valderes Pou

Annaliese Spalink

Information and Assistance

Linda Tomko

Office Administrative Support

Sandy Arellano, **Manager**

Kathy Ostrowski

Donna Rybicki

Program Administrative

Support

Rojean Carlson

A MESSAGE FROM DEBRA VERSHELDE, EXECUTIVE DIRECTOR

Dear Friends of Aging Care Connections,

As you may recall, in our previous quarterly newsletter, we announced that Aging Care Connections would soon be in the midst of a Major Capital and Program Campaign Initiative. I am pleased to update and report that our first phase of the Campaign is already underway, again, thanks to a generous 2009, time-sensitive, lead grant of \$200,000 from State Senator Christine Radogno through the Illinois JobsNOW! program. This particular gift has made it possible to begin the process of refurbishing our existing facilities, specifically to allow for us to become more compliant with ADA standards, which will ultimately ensure a more efficient, safer and functional facility to meet the growing number of older adults and families who depend upon our programs and services each and every day.

In the next few months, you will receive more information about the *Leading the commitment to aging well Campaign* as we slowly transition from the silent phase to the public phase of the Campaign (which, at that time, will require your generous attention, participation and support). It is no secret that ***you and your community will be critical to the success of our campaign.*** We see this initiative not only as a campaign of Aging Care Connections, but as ***your*** campaign; a community campaign that will ensure everyone has access to the best care for their aging needs.

In addition, while we continue to work with our community partners, such as Grace Lutheran Church and the Village of La Grange, to minimize any disruption of our current programming during construction, **our doors remain open to the community** throughout this renovation process. We look forward to continue serving you.

Please know we will emerge better positioned to serve older adults in this same facility, thoughtfully configured to help seniors expediently and comfortably. We would like to assure you Aging Care Connections remains a robust, vital organization—***the community's source for senior care***—and we are proud to continue our 40 plus-year history directed steadfastly to our goal of ensuring the well-being and safety of older adults in our community.

If you have any questions, please contact me, or Louise Starmann, Director of Social Services, or Ken Grunke, Director of Philanthropy and External Affairs, at 708-354-1323. ***Thank you*** again for your continued support and investment in older adults and families. I look forward to connecting with each and every one of you as this exciting campaign unfolds!

Sincerely,

Debra Verschelde
Executive Director

“SOMETIMES, THE ONLY THINGS VISIBLE ARE THE TEARS...”

By Louise Starmann, Director of Social Services

July is Elder Abuse Awareness Month. **Aging Care Connections is once again asking for your commitment to BREAK THE SILENCE THAT SURROUNDS ELDER ABUSE IN OUR COMMUNITY.**

Elder abuse is a serious problem, affecting hundreds of thousands of older adults across the country. However, it remains seriously under-reported. Aging Care Connections received 264 reports of abuse in the last calendar year. Each year, this number increases, as does the seriousness of the allegations. Despite the growing number of reports, elder abuse is still largely hidden under the shroud of family secrecy. Experts believe that only one out of 14 elder abuse incidents comes to the attention of agencies like Aging Care Connections. This means that as many as 3,696 older adults may be victims of abuse in our community, but have not come to the attention of our Elder Abuse Unit. We need to **BREAK THE SILENCE** that surrounds this dangerous issue. Elder Abuse occurs in **EVERY NEIGHBORHOOD, EVERY VILLAGE**. Abuse is not limited to any particular economic status, gender, or race.

One example of a case we worked on this year may help to demonstrate how elder abuse can happen. (Identities have been changed to protect the confidentiality of the victim.)

Mr. and Mrs. J are both in their eighties; they have flourished in our community for many years. However, as they aged, it was known that Mrs. J began to decline and was eventually diagnosed with dementia. Mr. J cared for Mrs. J full-time, but as years went by, the task became increasingly difficult. Aging Care Connections received a “call of concern” that Mr. J was neglecting Mrs. J. She was left alone and was seen dangerously wandering unsupervised.

One of our excellent team of Elder Abuse caseworkers began an investigation immediately beginning with an assessment of Mrs. J’s needs and Mr. J’s ability to meet her needs. Mr. J was always well-dressed and sociable. He still drove and was very surprised that others were concerned. Mr. J felt he needed no help and wanted to care for Mrs. J just as he had in the past few years.

Part of our intervention is always to look beyond the surface and learn about health issues, family and other forms of support. Because of the aging expertise of our staff, our caseworker was able to determine the case was not about Mr. J neglecting his wife. Despite his outward appearance, our worker suspected that Mr. J was also suffering from a form of dementia. Aging Care Connections was able to involve the couple’s family in the changing situation which had gone unnoticed because of Mr. J’s strong social skills. Eventually the family secured an assisted living placement for both Mr. and Mrs. J. They are currently well-adjusted to living together in a facility near their daughter’s home.

This case demonstrates the skill of Aging Care Connections’ staff, our ability to grasp the full scope of an issue and our expertise to address the problem. In some cases, it is important to remember that many families struggle to understand changes in their family members and often lack the skills to see the whole picture.

With your support, Aging Care Connections can continue to offer the intervention necessary to protect the growing numbers of frail, vulnerable adults caught in the web of elder abuse. **Thank you for caring!**



STROKES

Recognizing and Preventing Brain Attacks

- **FREE CHOLESTEROL SCREENING** -

To the first twenty participants to register

Wednesday, July 11, 2012
9:30 a.m. – 11:30 a.m.



111 W Harris Avenue, La Grange

To register, please call 708-354-1323

Please join us to learn more about strokes, treatment choices, prevention and how to manage day-to-day activities.

Made possible with support by AgeOptions in collaboration with White Crane Wellness Center and Alexian Brothers Medical Center

TAKE CHARGE OF YOUR HEALTH!

Six-Week Session, Mondays

July 16 — August 20
2:00 p.m. – 4:30 p.m.

Park District of La Grange
536 East Avenue, La Grange

Do you suffer with a disease such as:

Diabetes	High Cholesterol	Depression
High Blood Pressure	Weight Issues	Chronic Pain
	COPD	

WE CAN HELP! PLEASE ATTEND THIS PROGRAM!

Please call Aging Care Connections to register: 708-354-1323

Free of charge!

This series is based on the Chronic Disease Self-Management Program developed by Stanford University. Research has demonstrated the effectiveness of the program in improving health outcomes of participants over time. The series is made possible through a grant from the U.S. Administration on Aging via the Illinois Department of Public Health.

Topics to be covered include:

- » Coping with fatigue, frustration and pain
- » Exercising to maintain and improve strength
- » Using medications
- » Practicing good nutrition
- » Evaluating new treatment options



Connecting Older Adults with Community-based Resources and Options



Your Source For Senior Care



Introducing Board Member MIKE DOEPKE

It is a pleasure to introduce Mike Doepke, a member of the Aging Care Connections Board of Directors and the Development and Finance Committees. He is a member of the Aging Care Connections Community Advisory Council and the Community Response Network. He is leader of the Western Springs/Indian Head Park Aging Well team. In addition, Mike has co-chaired the Sports Ball Benefit Gala for the past two years. Recently, Mike has been named vice chair of marketing for the Aging Care Connections Capital Campaign.

Mike is co-owner with his wife, Mary, of Home Helpers Home Care in Hinsdale. Drawing on his education in marketing, Mike has held several positions in businesses before establishing Home Helpers which provides in-home, non-medical assistance to older adults and those recuperating from illnesses.

Mike has been extremely involved in community organizations such as the Association of Senior Service Providers, The Senior Solutions Group of Chicagoland, the District 101 School Board, and the Western Springs Business Association.

Mike and Mary live in Western Springs and are the parents of three adult daughters. He received his bachelor's degree in Economics from Colgate University and his MBA in Marketing from the Darden School of the University of Virginia. In his "spare time", he enjoys discovering new travel spots, reading and finding excuses to go visit his daughters in downtown Chicago.

We are proud to introduce our Director, Mike Doepke!

AGING CARE CONNECTIONS IN PARTNERSHIP

TO IMPROVE QUALITY OF CARE FOR PEOPLE WITH MEDICARE

Aging Care Connections is one of a group of partners awarded funding by the Centers for Medicare & Medicaid Services to improve transitions between the hospital and other care settings for people with Medicare, the Centers for Medicare & Medicaid Services (CMS) announced recently. A total of 23 additional participants in the Community-based Care Transitions Program (CCTP) will join seven other national organizations already working with local hospitals and other health care and social service providers to support Medicare patients who are at high-risk of being readmitted to the hospital while transitioning from hospital stays to their homes, a nursing home, or other care setting.

Aging Care Connections is part of the AgeOptions, the Area Agency on Aging of Suburban Cook County, group of partners comprised of Bridge Coordinating Agencies providing care transition services at six hospitals. The Bridge Coordinating Agencies include Aging Care Connections, Kenneth Young Center, North Shore Senior Center, PLOWS Council on Aging, Rush University Older Adult Program, and Solutions for Care. The hospital network includes Adventist La Grange Memorial Hospital, St. Alexius Medical Center, Advocate Lutheran General, Palos Hospital, Rush University Medical Center, and MacNeal Hospital.

"We are very excited to have these sites join our efforts to improve opportunities for patients to continue to make gains after they leave the hospital," said Marilyn Tavenner, CMS Acting Administrator, in a press release earlier this month. "I've seen the very real difference that support from organizations like our partners in the Community-based Care Transitions Program can make to people's post-hospital care and their health."

CCTP is designed specifically to provide support for high-risk Medicare beneficiaries following a hospital discharge. These 23

sites will work with CMS and local hospitals to provide support for patients as they move from hospitals to new settings, including skilled nursing facilities and home. Community organizations will help these patients stay in contact with their doctors to ensure their questions are answered and they are taking medications they need to help them stay healthy. The announcement will support more than 126 local hospitals and help more than 223,000 Medicare beneficiaries in 19 states across the country.

CCTP is part of the Partnership for Patients, a public-private partnership aiming to cut preventable errors in hospitals by 40 percent and reduce preventable hospital readmissions by 20 percent over a three-year period. Achieving these goals has the potential to save up to 60,000 lives, prevent millions of injuries and unnecessary complications in patient care, and save up to \$50 billion for Medicare over ten years. To date, more than 8,000 partners have pledged their commitment to the aims of the Partnership for Patients, including more than 3,800 hospitals.

As part of their two-year agreement with the CMS Innovation Center, each organization will be paid a flat fee for helping to coordinate patient care after a hospital stay for each Medicare beneficiary who is at high risk for readmission to the hospital.

The 23 sites will join the seven organizations announced in November 2011, bringing the total number of sites to 30. This is the second round of CCTP participants announced since the program was launched in April 2011. Under the Affordable Care Act, the program may spend up to \$500 million over five years. With this round of agreements, CMS has committed half of the \$500 million allocated to CCTP. The Innovation Center continues to accept applications as long as funding is available.

EARLY STAGE MEMORY LOSS SEMINAR

Aging Care Connections will facilitate an eight-week Early Stage Memory Loss Seminar. This program is designed for individuals diagnosed with early stage Alzheimer's disease or other forms of dementia and their family members and friends. Group sessions will offer participants the opportunity to explore how memory loss has affected them and learn ways to: cope with the changes, maximize strengths, enhance communication, and plan for the future. Participants will meet in two separate groups--those experiencing memory loss in one group, and the family members or friends in another group. The groups provide education, emotional support, and social interaction in a safe and supportive environment.

Dates:

Begins: Wednesday, September 19, 2012,
1:00 p.m. to 2:30 p.m.

Ends: Wednesday, November 7, 1:00 p.m. to 2:30 p.m.

Location:

Aging Care Connections
111 W. Harris Avenue
La Grange

Information and Enrollment:

Contact Ruth Folkening at Aging Care Connections
Phone: 708-354-1323, extension 228
E-mail: rfolkening@agingcareconnections.org



ANOTHER SUCCESSFUL SPORTS BALL BENEFIT GALA!!!

Aging Care Connections' Eleventh Annual Sports Ball Benefit Gala, held Saturday, May 5 at Harry Caray's, Lombard, raised \$80,000 to benefit services offered to older adults. Sarah Spain of ESPN emceed the event that attracted a capacity crowd.

Celebrities Kurt Becker, of the 1985 Super Bowl Chicago Bears, Dutchie Caray, and John Lattner, headlined an evening of tailgate cocktails, skybox dining featuring a surf and turf dinner, auctions and dancing. Sports Ball is Aging Care Connections' major fundraising event held to support our organization's social service programs assisting those 60 years of age and older in suburban Cook County.

To view photos of the evening, please visit our website, www.agingcareconnections.org. For those who attended, we also invite you to complete a questionnaire on the website to give us feedback about your experience at Sports Ball 2012.

Our thanks to the Sponsors who made Sports Ball 2012 the success it was:



Golden Years Retirement Home, Lyons

Tri-Meats Incorporated, Oakbrook Terrace

Windsor Place Retirement Home, La Grange

**Mr. and Mrs. Peter M. Shannon, Jr.,
Western Springs**

**Cook county Board Commissioner Jeffery R.
Tobolski, McCook**

OUT AND ABOUT



On April 16, the Village of Riverside received the Aging Care Connections Community Service Award traveling trophy. Pictured from left are Peter Scalera, Village Manager; Sergeant David Krull of Riverside, member of the Riverside/North Riverside/Lyons Aging Well Community Action Team; Katie Fielmann and Lorraine Marek, Community Action Team Leaders; and Village of Riverside President Michael Gorman.



North Riverside Mayor Kenneth Krochmal, Trustee Vera Wilt (center) and Sue Frampton, co-leader of the North Riverside/Riverside/Lyons Aging Well Community Action Team, received the Aging Care Connections Community Service Award traveling trophy at the May North Riverside Village Board meeting.



Aging Care Connections was represented in style at La Grange's 66th Annual Pet Parade held Saturday, June 2. Led by Marty Fitzgerald driving his vintage 1976 Corvette Stingray, our group handed out "One-Call" cards reminding parade-goers that Aging Care Connections is the place to call for any issue related to aging.

WE'RE COMING TO A LOCATION NEAR YOU!!!

HAVE YOU EVER WONDERED IF YOU ARE RECEIVING ALL THE BENEFITS YOU SHOULD?

Aging Care Connections is coming to your community monthly to answer your questions and ensure that you are receiving the benefits for which you qualify.

Adventist La Grange Memorial Hospital
Aging Care Connections
Bridgeview Community Center
Brookfield Village Hall

Hodgkins Park District
La Grange Park Public Library
Summit Public Library
Summit Senior Housing

Village of North Riverside
Westchester Public Library

YOU MAY BE ENTITLED TO BENEFITS FOR:

Food (SNAP)
Transportation

Medicare Savings Plan
Prescription Resources

Property Taxes
Benefits Checkup

Appointments required, please call:
708-354-1323

Don't miss this great opportunity! Register today!

Our thanks to Community Memorial Foundation for making this program possible

Tracy Erwin Recognized as an Outstanding Volunteer

Volunteer Tracy Erwin of Hinsdale has been selected to be honored as an outstanding volunteer for her service and commitment to older adults in suburban Cook County. She was nominated by Aging Care Connections and recognized at AgeOptions' annual luncheon and volunteer recognition event held Thursday, June 14 at the William Tell Holiday Inn.

Tracy is an attorney and mother of three who volunteers at her children's schools, her church, and at Marianjoy Rehabilitation Institute, Wheaton. She has been a volunteer at Aging Care Connections for the past year.

AgeOptions, the Area Agency on Aging of Suburban Cook County, is committed to improving the quality of life and maintaining the dignity of older adults and those who care about them – through leadership and support, community partnerships, comprehensive services, accurate information and powerful advocacy.

Congratulations, Tracy! We appreciate your work and commitment to helping us realize our mission.



Volunteer Tracy Erwin accepts a certificate from Jon Lavin, AgeOptions president and CEO, recognizing her outstanding work at Aging Care Connections.

elder abuse

ELDER ABUSE IS EXPENSIVE

Victims and families lose lifetime savings, often almost overnight, and may suffer physical and other types of abuse related to the exploitation.

Financial institutions lose significant amounts in deposits; money which is seldom recovered.

In one study, almost one in ten financial abuse victims turned to Medicaid as a direct result of their own monies being stolen from them.

Jilene Gunther. *The Utah Cost of Financial Exploitation*. March, 2011. Utah Division of Aging and Adult Services.

The National Adult Protective Services Resource Center (NAPSRC) is a project (No. 90ER0002/01) of the U.S. Administration on Aging, U.S. Department of Health and Human Services (DHHS), administered by the National Adult Protective Services Association (NAPSA). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official Administration on Aging or DHHS policy.



National Adult Protective Services Resource Center

ELDER ABUSE IS COMMON, LETHAL, AND EXPENSIVE



ELDER ABUSE IS COMMON

One in ten seniors reported being abused, neglected or exploited in the previous twelve months.

Acierno, R., Hernandez, M. A., Amstadter, A. B., Resnick, H. S., Steve, K., Muzzy, W., & Kilpatrick, D. G. (2010). *Prevalence and correlates of emotional, physical, sexual, neglectful, and financial abuse in the United States: The National Elder Mistreatment Study*. *American Journal of Public Health*, 100, 292-297.

Elder abuse is vastly underreported

Only one in 23.5 cases reported to any agency; for financial abuse only one in 44 cases is reported, and for neglect it is one in 57.

Lachs, Mark, et al. (2011) *Under the Radar: New York State Elder Abuse Prevalence Study Final Report*. Lifespan of Greater Rochester, Inc.; Weill Cornell Medical Center of Cornell University and New York City Department for the Aging.

90% of abusers are family members or trusted others.

90% of elder abuse and neglect incidents are by known perpetrators, usually family members.

National Center on Elder Abuse, 1998. *The National Elder Abuse Incidence Study: Final Report*. Washington, DC: Administration for Children and Families & Administration on Aging, US Department of Health and Human Services.

Over 95% of seniors live in the community and not in facilities.

2006 – 2007 census data: 1.8 million people live in nursing homes, 52.4 million people are age 60 and older = 3.4% living in long term care.

ELDER ABUSE LEADS TO ILLNESS AND DEATH

Abused seniors are three times more likely to die prematurely.

Lachs, M. et al. (1998). *The Mortality of Elder Mistreatment*. *Journal of the American Medical Association*, Vol 280, No. 5, 428 – 432.

Elder abuse victims are four times more likely to go into a nursing home.

Lachs, Mark. Testimony before the Senate Special Committee on Aging. March 2, 2011. Washington, DC.

Abuse victims utilize healthcare services at higher rates.

Koss, M. P., Heslet, L. *Somatic consequences of violence against women*. *Arch Fam Med* 1992. Sep; 1(1):53-9. *Archives of Family Medicine*, 1, 53-59. (Those who had experienced abuse accessed the health care system 2 to 2.5 times as often).

napsrc | 920 S Spring St, Springfield, IL 62704 | tel 217-523-4431 | fax 217-882-6064

WWW.APSNETWORK.ORG

TRANSPORTATION...



HOW DO YOU GET AROUND???

Did you know...Aging Care Connections and PeopleCare partner to offer a taxicab voucher program for those individuals 60+ who no longer drive and are in need of assistance with transportation issues?

For more information about the taxicab voucher program, please call (708) 354-1323, extension 215.

This program is made possible by the Older Americans Act funded through AgeOptions.

THE LOSS OF THE ILLINOIS CARES RX PROGRAM

Despite many persistent attempts to save the Illinois Cares Rx program, the program will end on July 1, 2012. **Beginning July 1, 2012, seniors will no longer receive help paying for their prescription drugs and their Medicare Part D premiums.** Aging Care Connections realizes the impact this change will have on many seniors. Our staff and volunteers will attempt to work with each senior to determine what options may exist and to help evaluate Part D plans. Most seniors who are currently receiving the Illinois Cares Rx benefit have received a letter instructing them on the steps to take to ensure that Medicare Part D remains in place. Aging Care Connections is researching drug buying plans, pharmaceutical direct options and other supports for prescription costs. We invite seniors who are impacted by the loss of Illinois Cares Rx to contact our agency to request an appointment with our Benefits Assistance Department. Additionally, we have eleven benefit sites throughout the service area to serve seniors in their communities. Appointments are necessary.

Medicare recipients must pay their Medicare Part D Premiums!

Plans will be sending premium statements; these premiums must be paid. If you do not receive a premium statement, or are unsure which plan you have, call Aging Care Connections and we will try to assist you in finding your plan.

You can switch your Medicare Part D plan at any time this year due to the loss of Illinois Cares Rx.

If you are unable to afford your medicine, please seek help. We cannot ensure that all needs can be met, but Aging Care Connections can help explore all resources.

AGING CARE CONNECTIONS SPONSORS CLOCK FOR LA GRANGE'S "HOUR TOWN"



A stroll past our building on Harris Avenue will feature the added treat of seeing our entry in La Grange's summer art program "Hour Town" which features grandfather clocks painted by local artists. Our artist is Monica Dinh who just completed her junior year at Lyons Township High School and, during the past year, was selected a Scholastic Art Award winner. Monica entitled her work "The Hands of Time."

Clocks will be on display until September 7 when the clocks will be auctioned at the Village Hall.

Aging Care Connections is very grateful for the privilege of displaying Monica's work and we encourage our friends to join us at the auction to place bids for the opportunity to take this beautiful piece of art home.

VOLUNTEERS NEEDED!!!!

Community Nutrition Network Home Delivered Meals Program is in desperate need of volunteers to deliver meals on wheels to FRAIL, DISABLED and HOMEBOUND seniors.

Volunteers can commit to one day a week or more. Deliveries can take between an hour to two hours. A gas mileage stipend is available if needed. Anyone interested in donating their time for this most-needed service can contact Regina or Jackie at the phone number below or by visiting the on-site office:

OARS ADULT DAYCARE
712 East. Elm Street
La Grange, IL 60625

Community Nutrition Network Home
Delivered Meals Distribution Center

Regina A. Overstreet,
Distribution Site Manager
(708) 234-1853
roverstreet@cnnssa.org



Gerri Pasioka, a teacher at Park Junior High School, taught a summer school class in June at Cossitt School pairing students with veterans who helped them write letters to soldiers deployed around the world. Pictured above are, from left, Jillian Langan, Ted Gifford of La Grange Park, and Eleanor Tuerk.



REGULAR MONTHLY EVENTS

Due to construction in our building, previously on-site events will be held temporarily at Grace Lutheran Church, 200 N. Catherine, La Grange
(northwest corner of Ogden and Catherine—
parking lot off of Catherine and please enter through south door facing Ogden)
Church 708-352-0730

Alzheimer's and Related Dementia Caregivers

Support Group: A support group for those who care for someone who has been diagnosed with Alzheimer's disease or dementia meeting the first Tuesday of the month from 1:30 – 2:30 p.m.

For information, please contact Sue Murphy, 708-354-1323, extension 221.

Memories—Gone But Not Forgotten: This group is designed for older adults who are experiencing the early stages of memory loss and enjoy the company of others to reminisce about “old times.” The group meets the first Tuesday of the month from 1:30 – 2:30 p.m.

For information, please contact: Intake Office, 708-354-1323, extension 215.

Caregivers Support Group: “The Lunch Bunch” is a group of caregivers who chat over lunch. The group meets at Bakers Square Restaurant, 942 S. La Grange Road, La Grange, on the third Thursday of the month (effective January 19, 2012) at 11:30 a.m. Each participant pays for his or her lunch.

For information, please contact: Ruth Folkening, 708-354-1323, extension 228.

Friday Morning Regulars: Support group for men only related to aging issues. Meets every Friday at 9:00 a.m.

For information, please contact: Intake Office, 708-354-1323, extension 215.

Grandparents Raising Grandchildren Support

Group: Group meets at the Summit Public Library, 6233 S. Archer Road, Summit, the last Thursday of the month from 10:00 – 11:30 a.m.

For information, please contact: Sue Murphy, 708-354-1323, extension 221.

Health Clinic: Dr. Nyaeme, a geriatric physician with Adventist Midwest Geriatric Specialists, sees patients on selected Thursday mornings by appointment.

Please call: 708-245-4073 to make an appointment.

Will and Estate Planning: Attorney Erik Peck is available the second Wednesday of the month at Grace Lutheran Church for consultation on matters pertaining to estate planning. There is no fee for the consultation.

Please contact: Intake Office, 708-354-1323, extension 215 to make an appointment.

Communities Served

Bedford Park	La Grange
Bridgeview	La Grange Highlands
Broadview	La Grange Park
Brookfield	Lyons
Burr Ridge	McCook
Countryside	North Riverside
Hickory Hills	Riverside
Hinsdale	Summit Argo
Hodgkins	Westchester
Indian Head Park	Western Springs
Justice	Willow Springs

Elder Abuse, Neglect, and Exploitation Services Only

Elmwood Park	Northlake
Franklin Park	Park Ridge
Harwood Heights	River Grove
Melrose Park	Rosemont
Norridge	Schiller Park

Aging Care Connections' Mission

.....to enrich the quality of life of older adults and their families through a range of programs and services that enhance their well being and independence



Please save the date~
Annual Luncheon 2012
Thursday, October 18 11:30 a.m.
Ruth Lake Country Club, Hinsdale

Giving doesn't get any easier! Go paperless and donate to Aging Care Connections online by visiting www.agingcareconnections.org. Simply click on the green **DONATE** button on our home page and follow the easy steps to make a gift **today!**

Better yet, avoid our annual mail appeals and make a recurring gift on our website. Simply click on the green **DONATE** button on our home page, click or enter the amount of the gift you'd like to give and click on the recurring box to tell us how often you would like your gift to be automatically made. It's that simple! Make your gift **today!**

Marty and Shirley's story

If you missed our video at Sports Ball, you can visit our website to click on Marty and Shirley's story and learn more about the vital work of our caring and professional staff as they make a difference in the lives of older adults and their families each day.

HELP US SAVE  AND  !!!

Please contact Niki Chibucos at 708-354-1323, extension 226 or via e-mail at nchibucos@agingcareconnections.org if you would like to receive this newsletter electronically. Help us to live GREEN! Thanks!

Statement of Non-Discrimination

Aging Care Connections does not discriminate in admission to programs or treatment or employment in programs or activities in compliance with the Illinois Human Rights Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department on Aging. For information, call Aging Care Connections at 708-354-1323.