



April 2024

Dear Friend,

We all share a common thread – a family tree that intertwines our stories, struggles, and triumphs. Among those shared experiences is the concern and care we feel for our loved ones as they journey through the stages of aging. **At Aging Care Connections, we understand the depth of these emotions and the challenges that accompany age-related uncertainties and so we provide support and resources to help ease the worries of those dealing with these concerns.** It is with heartfelt urgency that we reach out to you to join us in extending a lifeline of support and resources to those navigating the complexities of aging.







Let me introduce you to Peter and Elsa Volpe – a family whose journey echoes the hopes and fears of many. Elsa's parents embarked on a courageous journey from Cuba in 1968, carrying with them little more than their daughters and a suitcase. Now, in their 90s, their needs have evolved, placing their children in a newfound role of caregivers.

Elsa's determination to honor her parents' wishes of aging at home collided with the reality of their increasing needs. "Every day I worried

about my parents. My father was no longer able to drive. My mother was overwhelmed with the daily care needed...How would we get them to appointments? Were they eating healthy?"

Peter added, "Since I work closest to their home, I was called when they needed something, or worse, when Elsa's father fell. You were always on guard."

Their story is not unique. Across the United States, *millions of family caregivers selflessly tend to the needs of older adults, often while juggling their responsibilities.* Perhaps, you too, understand this delicate balancing act.

Faced with increasing challenges, Peter and Elsa turned to Aging Care Connections for guidance, "As a new board member, I understood the organization's mission and vision but actually experiencing the services firsthand helped me to realize how the process worked and how valuable it is to families." Peter said.



Peter and Elsa reached out for assistance and were surprised at the comprehensive approach to assessing current and future needs. The organization's Care Coordinator, Jose Feliciano, provided not just assistance but compassion and understanding. Language barriers dissolved as Jose's fluent Spanish helped to foster trust. "We wish we had reached out sooner," Elsa admits.

Aging Care Connections doesn't just offer services; it fosters a community of care. Elsa's parents now thrive in the comfort of their home, thanks to the comprehensive support system that includes meal deliveries, emergency alerts, caregiver assistance, and household services.

We implore you to join us in this mission of compassion and empowerment. Your gift today ensures that more families like Peter and Elsa's can access the support they need to navigate the challenges of aging with dignity and grace.

The impact of your generosity extends beyond statistics; it transforms lives. Elsa's mother finds solace and companionship, while Elsa gains peace of mind knowing her parents are well cared for. Peter said, "Aging Care Connections is a huge asset for our community and people should not wait for a crisis to seek out help." We hope you **Get to Know Us... Before You Need Us!**

Your donation is not just a contribution; it's a lifeline. Please use the enclosed envelope to make your gift today.

With heartfelt gratitude,

Dervin M. Sently

Desiree M. Scully, MA Executive Director

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Here are some of the ways your donation can make a difference!

\$15 Provides an emergency meal

\$30 Allows a caregiver one hour of respite service

\$50 Furnishes personal hygiene products for a month

\$80 Affords two months of an automated medicine dispenser

\$200 Provides a full day of adult day care with transportation

\$500 Can equip safety modifications for an older adult to safely stay in their home

Help us impact more lives!



You Can Make a Difference!

Your act of generosity goes a long way to helping us fulfill our mission to older adults, caregivers and their families.

Your financial support through a monthly gift can help ensure our client-focused care, delivered by our team of caring and compassionate staff, is always available.

Monthly giving is easy to set up. It's a convenient way to maintain your ongoing commitment. It also allows more resources to be dedicated to our work in your communities.

Monthly giving can be set up at AgingCareConnections.org by clicking the "Donate Now" tab. If you have questions or need assistance, please contact us at donations@agingcareconnections.org or 708-603-2245.