



aging care  
connections

Because Aging Well Matters

## PROGRAMS & SERVICES



***Get to Know Us...  
Before You Need Us***

# ABOUT AGING CARE CONNECTIONS

We are advisors on all matters related to the issues facing older adults as they age. For over 50 years, **Aging Care Connections** has been a leader in providing a full spectrum of client-centered programs that enhance the quality of life of older adults. We not only offer programs, but we also have the most complete information on services in the community that help older adults find solutions to their ongoing emotional, physical, mental, financial, and healthy living needs.

Located in La Grange, Aging Care Connections serves over 13,000 older adults, and their caregivers and family members each year, from 38 communities in the Lyons, Proviso, Norwood Park, Riverside, and Leyden townships. With a mission *"to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhances the ability to age well,"* our comprehensive programs are delivered by a team of highly skilled, objective, and unbiased experts. If you need assistance, please do not hesitate to contact us at 708-354-1323 or visit our website at [AgingCareConnections.org](https://www.AgingCareConnections.org).



## WHAT OUR CLIENTS SAY

*"I am often the oldest attendee and one of the few veterans at the events. I bring a different perspective and set of ideas to the discussion. All comments are welcome and that makes for a respectful program. I also do the exercise classes regularly and they fit my schedule. At 91, keeping my balance and core strength is necessary. The programs are great, and I ZOOM them all the time."*

- Don B.



*"Aging Care Connections has helped me and so many other grandparents raise their grandchildren. My grandson Joey is now 24 and has grown up to be a very strong and active young man. Aging Care Connections has given us a family that now has hope. On behalf of our family and all those who have been helped by Aging Care Connections, we all thank you for your support. You are changing lives each day and for that we are extremely grateful."*

- Adrian C.

# You Have Questions



**When you have questions about aging, call 708-354-1323.**

## Information & Assistance

### Basic Needs

- Adult Protective Services
- Healthy Eating
- Home Repair Assistance
- Housing Needs

### Caregiving

- Identifying and coordinating care providers
- Grandparents Raising Grandchildren
- Memory Café
- Short-term Gap Funding
- Respite Care
- Support Groups

Visit us at  
[AgingCareConnections.org](https://www.AgingCareConnections.org)

# We Have Answers



**Our trained assistance counselors will answer your questions or direct you to someone who can help.**

- Initial Screening and Needs Discussion
- Benefits Assistance Program
- Resource Matching - Who Can Help?

## Aging Gracefully

- Assessing for activities of daily living
- Transitioning between levels of care
- Education on in-home and community-based resources
- Connecting with services

## Enrichment

- Health and Wellness
- Education and Socialization
- Fitness
- Thrive with Pride Café
- Aging Well Teams

**Follow us on [Facebook](#), [Instagram](#), [X](#), and [LinkedIn](#)**

# ACKNOWLEDGEMENTS

**Aging Care Connections** programs and services are funded in part by federal, state, and local government, foundation grants, business sponsors, and generous individuals.



Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.

## **Diversity Statement**

Aging Care Connections is committed to building a diverse, equitable, inclusive, accessible, and supportive work environment that fosters a sense of belonging. We believe that individuals with a variety of lived experiences, backgrounds, and strengths who share a passion for helping older adults and those that support them, are essential to successfully serving our diverse communities.

# INFORMATION & ASSISTANCE

**Aging Care Connections** provides Information & Assistance, Benefits Assistance, and Options Counseling programs to adults age 60 and older, individuals with disabilities age 18 to 59, and their families. Each day our Specialists answer aging-related questions and connect individuals to local, state, federal, and private pay resources.

Our Specialists link older adults and their families to programs and services available in the area that meet their individual needs. They also discuss which requirements need to be met to qualify for assistance.

Some of the benefits that we assist with include:

- Benefits Access Application
- Medicaid/Medicare
- Property Tax Savings Exemptions
- RTA Ride Free
- Supplemental Nutrition Assistance Program

## **How do individuals contact a Specialist?**

For more information or to schedule an appointment with an Information & Assistance Specialist, please call

708-354-1323 Monday - Friday between 8:30 a.m. - 4:30 p.m. or email

[info@agingcareconnections.org](mailto:info@agingcareconnections.org).



# BASIC NEEDS

## **Adult Protective Services**

Abuse of older adults and adults with disabilities age 18-59 is the least recognized form of violence. Our Adult Protective Services program helps vulnerable older adults and adults with disabilities experiencing abuse, neglect, and/or exploitation. Our highly experienced staff investigates reports and works to prevent future abuse.

Adult Protective Services staff investigates the following types of abuse: Confinement, Emotional abuse, Financial exploitation, Physical abuse, Sexual abuse, Willful deprivation, Passive neglect, Self-neglect, and Abandonment.

### **How to report suspected abuse?**

All reports are anonymous, confidential, and can be made Monday - Friday between 8:30 a.m. - 4:30 p.m. by calling Aging Care Connections at 708-354-1323. Reports can also be made 24 hours a day, seven days a week by calling the Illinois Department on Aging at 1-866-800-1409.





# BASIC NEEDS

## Healthy Eating

A healthy diet and lifestyle are important elements in the prevention of age-related diseases. To assist in the process, Aging Care Connections connects older adults to nutrition programs and services that provide healthy, balanced meals.

- **Congregate Meals\***
- **Home Delivered Meals**

\*Congregate Meals provides activities and socialization opportunities. It also offers creative enrichment, health and wellness, and outings.

## Who is Eligible for Meals?

Older adults aged 60 and over and their lawfully married spouse, regardless of sex and age, are eligible for the meals programs, along with individuals with disabilities who reside with a 60+ older adult



in a noninstitutional household. To be considered for home delivered meals, the older adults must be homebound and work with a Care Coordinator to complete an assessment.

## Home Repair Program

Minor modifications and/or repairs of homes/apartments to enable older adults to remain independent at home in comfort and safety.

# CAREGIVING

## Caregiver Support

The Caregiver Support Program helps individuals caring for older adults and those with memory loss by providing one-on-one supportive counseling, support groups, respite care, and short-term Gap funding.

Various support groups are offered to meet specific caregiver needs, such as: caregivers of older adults, individuals with Alzheimer's disease or dementia, and grandparents raising grandchildren.

- **Grandparents Raising Grandchildren**
- **Memory Café**
- **One-on-One Supportive Counsel**
- **Respite Care**
- **Short-Term, Limited Financial Resources**
- **Support Groups**
- **Training & Education**



## Care Coordination

This specialized program provides access to vital services for the health and stability of older adults living independently. Our Care Coordinators partner with older adults and their families to evaluate and develop personalized care plans that meet each older adult's goals, health, and social needs.

### Who can use Care Coordination?

Care Coordination is designed for older adults with multiple needs. Frequently, these older adults have difficulties performing daily tasks, such as: preparing meals, bathing, performing light housekeeping, and grocery shopping.

### Who to contact for more information?

Care Coordinators are highly knowledgeable on programs and assistance available for older adults in the community. Coordinators



discuss the various possible options and connect older adults and their families to resources. For more information, please call 708-354-1323.

The following are examples of linkages to services we provide: Adult Day Services, Chore/Housekeeping, Emergency Home Response, Home Delivered Meals, Non-medical In-home Care, and Home Repair.

# ENRICHMENT

## Aging Well Neighborhood

The **Aging Well Neighborhood Program** brings together older adults, businesses, healthcare and social services, and health education to create an environment that supports life-long wellness, prevention, and an age-friendly community.

Programming includes: socialization, health and wellness workshops, expert speakers, preventative screenings, and healthy choices information. Some programs are offered in hybrid and bilingual formats.

### **Who to contact for more information?**

Contact us at 708-354-1323 or [AWN@agingcareconnections.org](mailto:AWN@agingcareconnections.org) for more information or to register for Aging Well Neighborhood programs and activities. For a current calendar of events, please visit [AgingCareConnections.org](https://AgingCareConnections.org).

*"I really like the variety of the programs offered at ACC, both in person and by Zoom. The programs are informative and well presented. The events are a great source of socialization for my husband and me. Conversation is lively, and ice cream is an added treat."*



- Rita B.

# COMMUNITIES WE SERVE

- Bedford Park
- Bellwood
- Berkeley
- Bridgeview
- Broadview
- Brookfield
- Burr Ridge
- Countryside
- Elmwood Park
- Forest Park
- Franklin Park
- Harwood Heights
- Hickory Hills
- Hillside
- Hinsdale
- Hodgkins
- Indian Head Park
- Justice
- La Grange
- La Grange Highlands
- La Grange Park
- Lyons
- Maywood
- McCook
- Melrose Park
- Norridge
- Northlake
- North Riverside
- Park Ridge
- Riverside
- River Grove
- Rosemont
- Schiller Park
- Stone Park
- Summit
- Westchester
- Western Springs
- Willow Springs



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# SUPPORT US

**Aging Care Connections** provides most programs and services for free for older adults, or for a suggested donation. Your financial support will help make sure all older adults in need get the resources, services, and programs vital for aging well and remaining as independent as possible in their homes.

You can be a part of this mission with a

- One-time donation
- Monthly recurring donation
- In Honor/In Memory gift
- Matching gift through your employer
- Bequest to Aging Care Connections

The Lee M. Burkey, Sr., Society is open to donors who contribute an annual cumulative gift of \$1000 or more.

To make a donation, visit our website at [AgingCareConnections.org](https://AgingCareConnections.org) and select the "Donate Now" tab to access our secure donation page. If you need more information or prefer another payment method, please contact us at 708-603-2243 or email us at [donations@agingcareconnections.org](mailto:donations@agingcareconnections.org).

Remember no donation is too small and all donations are tax deductible.

**Volunteers** are the lifeblood of Aging Care Connections, helping to provide critical services to older adults across our service area. Learn about current volunteer opportunities at [AgingCareConnections.org](https://AgingCareConnections.org). To volunteer, call 708-354-1323.

## SUPPORT US

"We **donate** to Aging Care Connections because they have been a very supportive agency to us over the years. The knowledge, generosity and caring shared by the professionals at Aging Care is humbling."

- Ann and Marty K.

"We **support** Aging Care Connections because of the professional, caring, and comprehensive approach they have to helping older adults age well and in their homes and communities.

- Mark and Linda H.

"I **volunteer** because even though I don't require assistance, I know others do. Serving as a volunteer is an opportunity for me to give back to an organization that does such important work."

- Karen R.

"As an **ACC Board Member** for the past 15 years, I'm deeply familiar with the great work that they do serving older adults and their families. This is a segment of the population that is often forgotten when it comes to charitable giving."

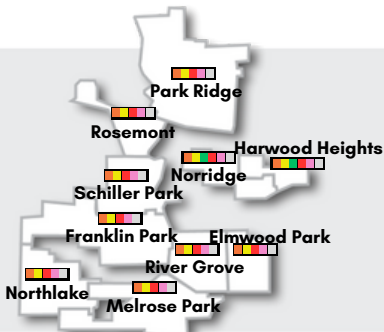
- Mike D.



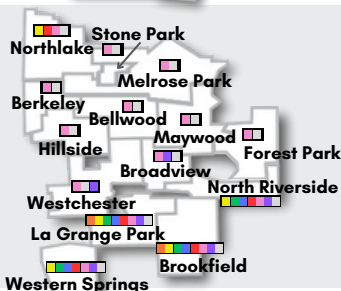
# Service Map

Aging Care Connections' programs and services are offered in the areas of each community that fall within their respective Township below

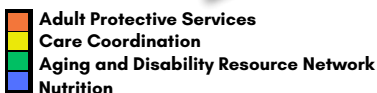
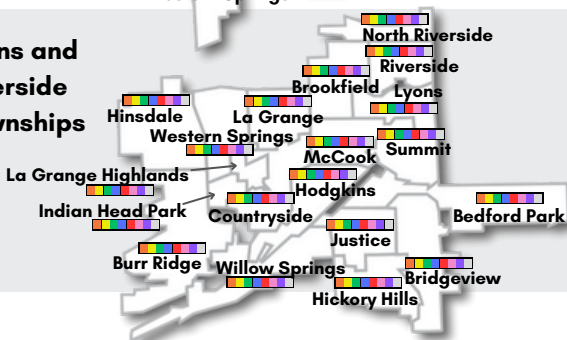
## Norwood Park and Leyden Townships



## Proviso Township



## Lyons and Riverside Townships



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## Aging Care Connections

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