



SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TO RESERVE A LUNCH CALL		MAY 1	MAY 2	MAY 3
708-603-2269 BEFORE 4 PM ON THE PREVIOUS DAY LEAVE A MESSAGE CALLS WILL NOT BE RETURNED MENU SUBJECT TO CHANGE	This menu is approved for use by title III C Nutrition Programs. K. Leicht, RD LDN MBA	HAMBURGER ON A BUN- 3 OZ W/ LETTUCE, TOMATO & ONION MAC & CHEESE - 1/2 C FRUIT MILK - 8 OZ.	CHICKEN ALFREDO - W/ PASTA 3 OZ VEGGI - 1/2 C BREAD 4 OZ. FRUIT MILK - 8 OZ.	MEATBALL SANDWICH - 3 OZ W/ RED SAUCE & CHEESE FRIES - 1/2 C FRUIT MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6-May	7-May	8-May	9-May	10-May
SPAGHETTI W/MEATBALLS - 1/2 C & 3 OZ VEGGI 1/2 C BREAD 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	TURKEY CLUB -3 OZ W/ BACON,LETTUCE LETTUCE, TOMATO) - 3 OZ CHIPS FRUIT MILK - 8 OZ.	TUNA SALAD - 3 OZ PASTA SALAD - 1/2 C CRACKERS FRUIT MILK - 8 OZ.	LEMON CHICKEN - 3OZ RICE & GRAVY 1/2 C VEGGI - 1/2 C FRUIT CUP - MILK - 8 OZ.	SAUSAGE PIZZA W/ EX THIN CRUST - 3 OZ FRUIT MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13-May	14-May	15-May	16-May	17-May
BBQ BEEF - 3 OZ FRIES - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	JULIAN SALAD W/ HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT MILK - 8 OZ.	EGGPLANT PARMESAN -3 OZ VEGGI 1/2 C BREAD- 4 OZ. FRUIT MILK - 8 OZ.	CHICKEN MARSALA - 3 OZ W/ MUSHROOMS, ONIONS, MOSTAC. BREAD - 4 OZ. FRUIT MILK - 8 OZ.	SAUSAGE SANDWICH W/ GR PEPPERS FRIES 1/2 C FRUIT MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20-May	21-May	22-May	23-May	24-May
CHEESE PIZZA W/ EX THIN CRUST - 3 OZ FRUIT MILK - 8 OZ.	TORTALINI - 1/2 C W/ CREAM SAUCE VEGGIE 1/2 C FRUIT BREAD - 4 OZ. MILK - 8 OZ.	CHEESBURGER ON A BUN - 3 OZ W/ LETTUCE, TOMATO & ONION FRIES 1/2 C FRUIT MILK - 8 OZ.	CHICKEN TENDERS - 3 OZ MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT MILK - 8 OZ.	LASAGNA VEGGI - 1/2 C FRUIT MILK - 8 OZ. BREAD - 4 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27-May	28-May	29- MAY	30- MAY	31-MAY
RIGGATONI W/ SAUSAGE - 3 OZ VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	BLT - BACON - 3 OZ, TOMATO, LETTUCE MAYO CHIPS FRUIT MILK - 8 OZ.	CHOPPED SALAD W/CHICKEN, PASTA CHEESE, TOMATOES, BACON, EGG OLIVES - 2 OZ. EA FRUIT MILK - 8 OZ. BREAD - 4 OZ.	CHICKEN - 3 OZ MASHED POTATOES - & GRAVY 1/2 C VEGGI - 1/2 C FRUIT MILK - 8 OZ. BREAD - 4 OZ.	VODKA FETTUCCINI PASTA - 1/2 C - W/BROCCOLI BREAD - 4 OZ. FRUIT MILK - 8 OZ.