



MEMORY CAFÉ

Join us at the Memory Café!

The Memory Café is a casual time for individuals with memory loss and their care partners to enjoy food, socialization and activities in a supportive and fun environment.

Date: Second Friday of each month

Time: 10:00am - 11:30am

Location: Young At Heart Adult Day Services Center
6504 Joliet Rd. Countryside, IL 60525

- Free of charge
- Light breakfast provided
- Parking on site

RSVP Required. Please contact Caregiver Specialist at 708-354-1323 to **RSVP.**

Sponsored by:



Young at Heart

Adult Daycare Services
Home Assistive Services