

# Alive Inside

This is a stirring documentary demonstrating music's ability to reawaken our souls, restore memory loss, and uncover the deepest emotions of our humanity. Open to the community and Healthcare Professionals.

Thursday, November 1, 2018

**Please** 4:30pm- Registration and Networking

**Join** 5:00– 7:00pm- Refreshments and Presentation

**\*Two hour CE credit for RNs and Social Workers**

**Us** Location:



in Heritage Hall  
2800 DesPlaines Ave.,  
North Riverside, IL 60546



## Speaker: Mary Helen Ekstam, Music Therapist

Following the documentary, Mary Helen Ekstam, a Board Certified Music Therapist, will discuss the impact music has on our well being and the cognitive impact it has for people dealing with dementia or any other advanced illness.

Registration required use this link <http://bit.ly/CE2018Nov1>

\*Continuing Education for Social Workers, Nurses,  
Nursing Home Administrators.

Registration required by Monday, October 29th by noon.

Social Worker 159.001106, Nurse 236.000024,  
Nursing Home Administrator 139.000214

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